



Embracing the Community

2013 State of the Mission

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Bernard Jamison, MD

Desmond Longford, MD

Mission

Our mission is to provide high-quality, non-emergency health care to the residents of Western Tidewater who cannot otherwise afford it.

Vision

Our vision is a healthy community where all people will be inspired and enabled to make healthy lifestyle choices, to use preventive health care, and to access resources to live in a safe and wholesome environment.

Values

Our core values are excellence, unity of purpose, respect, diversity, integrity, and stewardship of all resources.

Front Cover: Patient Martha Head, left, shares an embrace with Women's Health Services nurse, Ginger Vincent
Back Cover, left to right: Nurse Leathia Carroll with her husband, Junius Carroll; patient Craig Teachey;
Rob Heard and his wife, Data Manager Casey Carlson

Supporting Our Community



Left: Miriam A. Beiler,
Executive Director
Right: Stephie G. Broadwater,
Chair, Board of Directors

The Western Tidewater Free Clinic (WTFC) was founded in 2007 for one purpose: to provide access to health care for the uninsured, low-income residents in Franklin, Isle of Wight County, Southampton County and Suffolk. Thanks to the incredible support of these communities, our volunteers, our donors and our granting organizations, we have seen over 3,300 patients through almost 57,000 medical, dental and mental health visits, as well as pharmacy consultations. At WTFC, we provide coordinated, comprehensive and compassionate care as a health home for those we serve.

Our patients experience improved health and the ability to live fuller lives for themselves, their families and their communities. Looking over a twelve-month period, 56% of our diabetic patients improved their A1C levels (blood sugar), and 61% of patients with hypertension showed improved blood pressure. Our Board and staff work diligently to partner with others and to leverage the gifts of time and money given to the Clinic. We are proud that for every \$1.00 spent, approximately \$7.00 in services are provided to patients ... a strong return on investment. And while much of the year produced positive results, the demand for our services was once again more than we could meet, and we had a waiting list.

All of us affiliated with WTFC would love to live in a world where everyone with a serious medical need has access to quality medical care. The impact of the Affordable Care Act (ACA) and possible Medicaid expansion in Virginia is still uncertain.

One of the most common misconceptions about the ACA is that there will no longer be a need for free clinics to continue to provide care for the uninsured and economically disadvantaged in our community. In fact, many people will continue to 'fall through the cracks,' based upon household income or other circumstances. The ACA is a first step to providing health insurance to more people across the country. However, it is not a system that will cover all people.

We believe WTFC will remain an important part of the healthcare delivery system in Western Tidewater. Our vision at WTFC is for a healthy community where all people will be inspired and enabled to make healthy lifestyle choices, to use preventative care, and to access resources to live in a safe and wholesome environment.

Thank you to those who help make our vision a reality as we continue to serve as a health home offering high-quality, non-emergency health care to those who cannot otherwise afford it.

With gratitude,

Miriam A. Beiler, Executive Director

Stephie G. Broadwater, Chair, Board of Directors

Volunteers

are critical to the successful operation of WTFC. Since opening, volunteers have donated 76,266 hours to improve the health and lives of our patients - an estimated value of \$2.6 million!

Physicians

Dr. Hussein Aboulatta
Dr. Teresa Babineau
Dr. James Collier
Dr. Susan Girois
Dr. Robert Harrell
Dr. Charles Hastings
Dr. William Jackson
Dr. Bernard Jamison
Dr. Prashanthi Koduri
Dr. Desmond Longford
Dr. Patricia McNulty
Dr. John G. Muller
Dr. Sharon L. Sheffield
Dr. Lynne Stockman
Dr. Alexander Su
Dr. Joseph Verdrame
Dr. Richard Whalen
Dr. Bernard Williams

Nurse

Practitioners

Eileen Gilman
Tatsiana Kmalanskaya
Cheryl Lumbard

Nurses

Tyneshia Alleyne
Debra Alphin
Robert Aquino
Adrianna Bischoff
Janet Bonney
Susan M. Bott
Debbi C. Boudet
Becky J. Brinkley
Jean Brinkley
Tonya Britt
Allyson L. Brown
Norma Cavenas
Nancy Cisco
Louwana Cochrane
Melissa Coffey-Taylor
Katie B. Collins
Diana Conco
Sylvia A. Crum
Shawnda Cuffee
Mary DeGroft
Mary J. Doty
Metwyoina S. Dunn
Stephanie Edwards
Amy Fowler
Chelsea Geary
Barbara Gietl
Marie Haas
Deanna G. Hansinger
Mary A. Helmer
Jo Ann Herring

Kesha Hicks
Elizabeth H. James
Barbara G. Johnson
Judith Johnson
Maria Johnson
Carla A. Jones
Kimberly A. Judson
Christine Kilpatrick
Sara Leggett
Sheryl Melton
Sandra Muller
Joan Norfleet
Virginia Norfleet
Teresa Piles-Horton
June Rice
Marie M. Robinson
Beverly Schramm
Beverly Shockley
Laura Swafford
Betty Thompson
Sandra Tonker
Kenita R. Tynes
Nancy Verdirame
Judy Walls
Shonda Washington
Shirley Weaver
Carolyn West
Sarah Willman
Christine Work
Vivian Young

Nursing Students

Ricky D. Brockington
Connie Cook
Jessica T. Dildy
April R. Eure
Laurel E. Pope
Bridget M. Sykes

Certified Nursing Assistants

Angela Eure
Shalesa Perry

Emergency Medical Technicians

Reynaldo Arroliga
Rebecca Babski
Laura Jackson
Kathryn Torsella
William Truitt

Medical Assistants

Mamie Chavis
Elonda M. Goodwin
Torri Mason
Catrelle Ryder
Lorne G. Wellons

Mental Health Counselors

Angela P. Callahan
Dana A. Cook
Bruce Copeland

Physical Therapist

Sharon M. Springfield

Phlebotomists

Melissa D. Judkins
Gail J. Kynett

Pharmacists

Dennis M. Alder
Donna C. Edwards
Ashley Hogg
Margaret Rosner
Patricia Spruill
Jameika Stuckey

Pharmacist Interns

Paulette Allen
Latoya Martin
David Reid

Pharmacy Technicians

Nakia Alston
Neal G. Davis, Jr.
Joanna L. Ford
Alexandria C. Robinson
Bille G. Virzell

General Volunteers

Bruce Abernethy
Frances Alwood
Ella Amos
Jacqueline Anderson
Henry Arthur, Jr.
Laura Atkins
Jinks Babey
Elaine D. Beamon
Christina Bellinger
Ashley Borden
Betty Bunch
Crystal Bynum
Marquel R. Bynum
Kelsey Byrd
Belinda Caine
Casey Carlson
Pearline Carroll
Jean Claud
Elizabeth Dorschel
Taylor Doughtie
Christine Downes
Veronica Duncan
Lydia Dunkailo
Deborah Dyke

Marlene Everett
Nadine Faulcon-Johnson
Edith Fields
Rebekah Goldberg
Sasha Goldberg
Faith Gwaltney
Patrick Heard
Shelley Helms
Pamela B. Hill
Ashley Holloman
Debra Holloman
Cleopatra Johnson
Sandra J. Jones
Dorothy Kelton
Susanna Lamar
Kenneth M. LeDet
Dorothy Leonard
Emma Lockhart
Darren Loomis
Carol Mann
James Mann
Patricia Mann
Tunisia C. Matthews
Julia Miles
Gloria Mizelle
Sydneye Morings
Lorynda K. Myles
Blair Nelson
Mercy G. Osabutey
Jean Perry
Betty J. Pope
Tina Powell
Joanette Ragsdale
Barbara Rayburn
Joann Reed
Stephanie Remy
Katie Byrd Ricks
Cherie D. Roe
Donna Rogers
Sarah Schimming
Elizabeth R. Skertic
Jody Smith
James Sonneborn
Jacqueline Spells
Shannon Staten
Kay A. Stephenson
Buster Stockman
Nedra J. Swain
Michele A. Teemer
Aubrey Trejo
Temara L. Turner
Uche C. Ugorji
Cliff Vincent
Laurence Wallace
Marcia Whitley
Clara Williams

Jasmine Williams
Mary Lee Willis

Dentists

Dr. Davis W. Gardner
Dr. William Heriford
Dr. Leroy Howell
Dr. Ralph L. Howell
Dr. Robin Y. Langston
Dr. Aubrey Myers

Dental Hygienists

Michelle M. Alston
Kimberly M. Artis
Vicki Brett

Pamela L. Brooks
Candace L. Crace
Patricia Mears
Catherine S. Seifert
Susie Slack
Sharon Stull

Dental

Hygienist Student

Ashley Cutler

Dental Assistants

Kathleen Broadbent
Samantha Day
Brittany Harrison

Offsite Providers

Physicians

Dr. Habib Barakat
Dr. Joel Clingenpeel
Dr. Charles Coleman
Dr. William DeLacey
Dr. Jane Derrig
Dr. David Eich
Emergency Physicians of Tidewater
Dr. Jeffrey Forman
Gastrointestinal & Liver Specialists of Tidewater
Dr. Preston Judson
Dr. Brian King
Dr. Lorenz Lassen
Dr. Edward Lynch
Dr. Michael Mahoney
Dr. Christina McDowell
Dr. Kevin Meakin
Dr. Moussa Menasha
Pathology Sciences Medical Group
Dr. Andrew O'Dwyer
Dr. Edilberto Pelausa
Dr. Gary Sajko
Dr. Jennifer Schneider
Sentara Anesthesiology Specialists
Sentara Infectious Disease Specialists
Sentara Obici Hospitalists
Dr. Sharon Sheffield
Dr. Stanley Smith
Suffolk Radiology Associates
Virginia Oncology Associates
Dr. Miley Walker
Dr. Leslie Webb
1Foot 2Foot Centre for Foot and Ankle Care

Nurse Practitioners

Myria Black
Katherine Paul
April Rawlings
Nicole Shay
Elizabeth Watkins
Patricia Williams
Jamie Winner

Audiologist

Cheryl Wray

Certified Registered Nurse

Anesthetist

Marsha Edwards



Volunteers of the Year —Standing: Fran Alwood; Lynne Stockman, DO; Davis Gardner, DDS; Marlene Everett
Seated: Donna Edwards, RPh; Barbara Gietl, RN; Patricia Mears, RDH

Dr. Longford is the only volunteer physician I know who would actually make house calls to be sure the patients received the medication they needed. ~ Virginia Savage, RN, MSN



When Dr. Desmond Longford came to Smithfield, Virginia in 1966 from his home in Ireland, he could never have foreseen the lasting impact he would have on the residents of this small rural community and surrounding area.

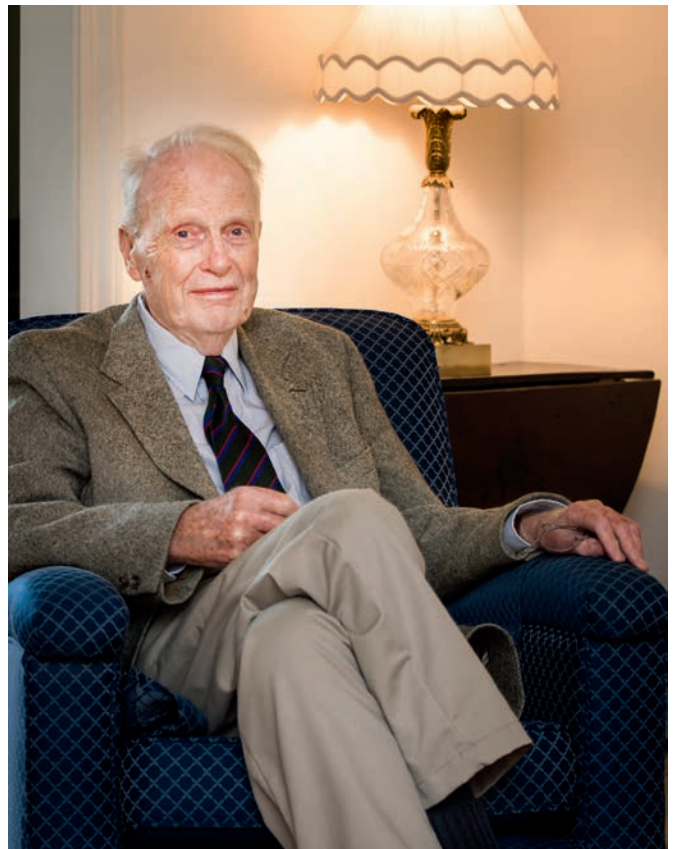
A 1956 graduate of The Queens University of Belfast, Dr. Longford assumed his career would involve running his father's medical practice in Ireland. However, an unexpected phone call from his friend and former classmate, Dr. Bernard Jamison, changed the course of his life forever.

Soon, Rosemary and Desmond Longford were on their way to the United States where they would make a home in Smithfield and raise their four children. Here too, Dr. Longford would begin a long and influential medical career in Isle of Wight County.

During his many years in practice at Smithfield Medical Center, Dr. Longford saw firsthand what happened when the local townspeople could no longer work and found themselves with no source of income and no insurance. In an effort to provide care to these residents, he began to donate his time to a free clinic in Surry. Off and on for fifteen years, he traveled to Surry, all the while planning for a day when he could establish a free clinic closer to home.

In 2005, Dr. Longford and his colleague, Dr. Jamison, joined the Free Clinic Steering Committee, a subcommittee of Suffolk Partnership for a Healthy Community, to begin the process of establishing Western Tidewater

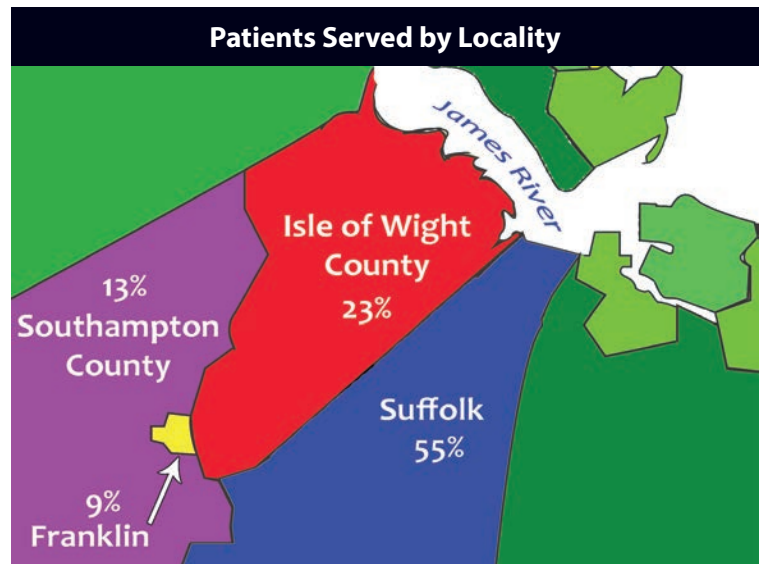
Free Clinic. When the doors finally opened in June 2007, Dr. Longford was there to provide free health care to the Clinic's very first patients. Dr. Longford's belief that "medical care should be available to everybody" was a driving force behind his efforts to not only serve his patients, but to also serve the community as a whole. Throughout his career, he has given an immeasurable amount of his personal time and talent to the uninsured of Western Tidewater and continues to demonstrate a level of compassion, generosity, and philanthropy seldom seen in society today. Thank you for your commitment to our community, Dr. Longford.





Medication Assistance Program

Since the 2007 inception of the Medication Assistance Program, 3,381 patients have received approximately 96,880 free medications with a retail value of more than \$14.6 million.



Patient Profile

Working full or part-time; many with more than one job

38%

Patients that live at or below the Federal Poverty Level

62%

Patients that are women

64%

Patients over the age of 40

79%

Patients treated for multiple chronic illnesses*

95%

*Overweight or Obese (84%), High Cholesterol (70%), Hypertension (60%), Diabetes (26%)



Opportunities to Get Involved

Legacy Giving

Please consider this timeless and thoughtful way to support and sustain WTFC. For more information on legacy giving, contact Miriam Beiler at mbeiler@wtfreeclinic.org or 757-923-1060 ext. 7001.



Volunteer

WTFC has numerous volunteer opportunities from administrative to clinical. Please contact Vicki Butler at vbutler@wtfreeclinic.org or 757-923-1060 ext. 7003.

NAP Credits

The Virginia Neighborhood Assistance Program (NAP) provides tax incentives to encourage individuals to participate with non-profit organizations. At WTFC, we give these NAP credits to licensed medical and dental volunteers.

Matching Gifts

Many companies have matching gift programs that help you stretch your donation and make giving easy. Check with your employer to see if this opportunity is available to you.



Gifts In-Kind

WTFC accepts gifts in-kind that range from office and kitchen supplies to unopened and unexpired medications, even meals for our volunteers. If you have any questions about what we need or how to donate an in-kind gift, contact Kim Abernethy at kabernethy@wtfreeclinic.org or 757-923-1060 ext. 7002.

United Way

Designate WTFC to receive a portion, or perhaps all, of the funds you contribute to the United Way. Our CVC # is 05035.

Speakers Bureau

Are you a member of a civic group, Sunday school class or other group that might host speakers from time to time? For speaker information or to schedule a tour, contact Alyson Miles at amiles@wtfreeclinic.org or 757-923-1060 ext. 7012.

For a Community

I look forward to smiling again!

~ Ruth Whitehead

After 13 years with no medical or dental insurance, Ruth's hypertension was uncontrolled, and she had lost nearly all her teeth. Today, Ruth has her health and a new smile.



***I have received better care
and more support here than
I have ever experienced.***

~ Martha Head

Already a patient at WTFC, Martha credits the Clinic staff and Women's Health Program with the early detection of her breast cancer and the subsequent care she was able to receive through WTFC healthcare partners.

to be whole and healthy, it must be based on people's love and concern for each other. ~ Millard Fuller

The Kennedys once dreamed of building a home on their 1.8-acre property they had bought several years earlier. But things changed, as they tend to do, and they no longer needed the land.

Rather than selling the property, the couple decided to donate it to a worthy charity. Discussions with their personal financial advisor led them to the decision to donate it to Western Tidewater Free Clinic. The property was later sold at auction and netted the Clinic nearly \$50,000.

We are definitely satisfied with where (the land) went ... They help with a lot of areas of care. I'm impressed. ~ Ginger Kennedy

The Kennedys did not know the folks at Western Tidewater Free Clinic when they decided to make their donation, but they will long be remembered by the people at the Clinic for their generosity.



John Kennedy, WTFC Executive Director Miriam Beiler,
and Ginger Kennedy

This Windsor couple found the Clinic to be the perfect recipient for their land donation.

Donors

are an essential part of WTFC's mission to provide high-quality health care to residents who cannot otherwise afford it. Because of you, we are able to care for the thousands of individuals who turn to us.

Cornerstones \$100,000 and above

Birdsong Corporation*
The Bank of America
Charitable Foundation
Obici Healthcare
Foundation
Virginia Health Care
Foundation

Visionaries \$50,000 - \$99,999

City of Suffolk
Franklin Southampton
Charities
John and Ginger
Kennedy
Special Fund #6
of the Hampton
Roads Community
Foundation
Susan G. Komen for
the Cure
Virginia Association of
Free and Charitable
Clinics

Benefactors \$20,000- \$49,999

Camp Foundation
Camp-Younts
Foundation
Chesapeake Diagnostic
Imaging Centers, LLC
Community Action
Coalition of Virginia
Isle of Wight County
Ruth Camp Campbell
Foundation
Sentara Health
Foundation
Town of Smithfield
Violet Greco
Foundation

Ambassadors \$10,000- \$19,999

Green Mountain Coffee
Roasters, Inc.
Pruden Foundation
Smithfield VA Events,
2013 Wine & Brew
Fest

Champions \$5,000 - \$9,999

AAPI - Hampton
Roads
A.B. Cole & Associates
Auction & Realty

Anonymous
Birdsong Trust Fund
Mr. and Mrs. George Y.
Birdsong*
Dominion-Surry Power
Station
Laverne W. and Robert
B. Edwards
Mr. and Mrs. S. Grey
Folkes, Jr.
Norfolk Southern
Foundation
Franklin Southampton
Area United Way
Richard Bennett Trust
Schaubach Companies
of Virginia
Southampton County
Suffolk Foundation
TowneBank
United Way of South
Hampton Roads

Leaders \$2,500-\$4,999

Anonymous
Haynes Byerly
Dominion Foundation
William George
Sam Glasscock*
Mr. Carter W.
Hotchkiss
Mr. and Mrs. Jeffry
Rosner
Mr. and Mrs. George F.
Staudter
Robert and Phyllis
Stoneburner*
Suffolk Rotary Club
SunTrust Foundation
Alfred and Carol
Boone-Thompson*

Patrons \$1,000 - \$2,499

Mary Frances Abbitt
Anonymous (2)
Arrowhead
Environmental, LLC
Jinks and Kirk Babey
Richard and Carolyn
Barry
Miriam A. Beiler
Berea Women's
Fellowship
Rosa and Maurice
Biggs, Jr. *
Kathy and Barry Cole
Mr. and Mrs.
McLemore
Birdsong, Jr.
W. Ross Boone

Stephie and Charlie
Broadwater
Joan and Macon Brock
Chuckatuck Ruritan
Club
City of Franklin
Community Churches
Passion Week 2013:
Campbell's Chapel
A.M.E. Church,
Christian Home
Baptist Church,
Diamond Grove
Baptist Church,
Little Bethel Baptist
Church,
New Bethany
Christian Church
(UCC)

Dominion Employee
Giving Program
Mr. and Mrs. John D.
Eure, Jr.
Farmers Bank
Roggie Fedro
Mr. and Mrs. Robert Fry
Dennis and Margaret
Gartman
Mary and Theodore
Gawlicki
Mr. and Mrs. Kevin
Goode
Kathleen and William
Hoffman
Mr. Richard Holland, Jr.
Holy Neck Christian
Church
Dr. and Mrs. B.F.
Jamison
Asa B. Johnson, Jr.
Carla A. Jones
Mr. and Mrs. Martin
Jones
Dr. Patsy R. Joyner
Kathy and Ed Keil
Caroline and Brian
Martin
Patricia C. Merica
Charles and Joanne
Modlin
North Suffolk Rotary
Club
Patient First
Eliza and Jim Rainey
Whitney and Ellen
Saunders
Thomas and Virginia
Savage
Gloria and Charlie Seitz
St. Andrew
Presbyterian Church

Barbara and Karl
Stoltzfus
Dr. and Mrs. Alexander
Su
Suffolk Community
Hospital Foundation
Virginia Academy of
Family Physicians
Westminster Reformed
Presbyterian Church
Leotis Williams DBA
LW's Lawn Service*
William M. Camp
Foundation
Windsor
Congregational
Christian Church
Woman's Club of
Smithfield

Supporters \$500 - \$999

ADS Management
Group
Belk
Sallie Belle Benedetti
Bethlehem Christian
Church
Norman Blumenson
Nancy and Harold
Blythe
Robert and Nancy
Brewbaker
Dr. and Mrs. Milton
Cook, DDS
Susanne and Steven
Derrick
Mary Alice and Jay
Dorschel
Patty and Ed Flemming
German Club of
Smithfield
Sasha and Benjamin
Goldberg
Les and Wanda Hall
Anne and Bert
Henderson III
James and Patricia
Mann
Mr. and Mrs. William
R. Moore, Jr.
Ms. Randi H.
Blumenson and Mr.
Daniel Mussatti, Sr.
Dick and Sylvia Pond
Rodell, LLC
Marsha Rooks
The Sanctuary Home
Corporation
Smithfield Baptist
Church

Penny and Brandford
Stanley
Steve and Rhonda
Stewart
Joe and Nancy Stutts
Suffolk Christian
Church
Tri-City Developers
Dr. and Mrs. Joseph L.
Verdirame
Walmart Store #9000
Mark and Terrie
Weinketz
Windsor Christian
Church Women's
Fellowship

Advocates \$250 - \$499

Debra and Rex Alphin
BayPort Credit Union
Robert M. Butler, Jr.
Kathleen Carlson
Dr. and Mrs. Ali Azam
Choudhury
Drs. Diana and Paul
Conco
Cross Realty
Lee and Kate Cross
Mr. and Mrs. Herb
DeGroft
Mary Ellen Edmonds
Susan B. Girois, MD,
MPH
Mr. and Mrs. Chester
M. Hart, Jr.
Pamela and William
Hill
Holy Neck Ruritan
Club

Robert V. House
Drs. Venu and
Prashanthi Koduri
Lebanon Virginia
Baptist Association
Mr. and Mrs. George
Miller
Cleta and John
Norcross
Mr. and Mrs. Jack
Nurney, Jr.
Oakland Christian
Church
Lynda and Hunter
Odom
Thomas and Carol
Orlowski
Kimberly Schulze
Norma and Kent Spain
Sandra and Patrick
Tonker
Bruce L. Vardaro
Mr. Charles E. White
Windsor Ruritan Club
Woman's Club of
Suffolk

Partners \$100 - \$249

Anonymous
Ms. Susan Ashburn
Bennis United
Methodist Church,
Pam Staggs Day Circle
Bethlehem Christian
Church Women's
Fellowship
Blackwater Artist
League

Bon Vivant at
Governors Pointe
Roger and Tammy
Burgett
Jack and Bobbie
Chapman
Peggy Chappell
Mr. and Mrs. Robert
Claud
Hunterdale Ruritan
Club
Toni and Pat Cotturone
Andrew B. Damiani
Mary Hart and Austin
Darden
Col. John C. Dashiell,
Ret.
Barbara A. Davis
Joanne Gabber
Glebe Episcopal
Church
Griffin Brothers
Linda and Cecil
Gwaltney
Maynard Gwaltney
Doris H. Gwaltney
Dr. and Mrs. Robert R.
Harrell III
Carolyn Harris
Priscilla and Rob Heard
Donna and Charles
Henderson
Lydia Duke and Bill
Hevener
Mr. and Mrs. Marvin
Hoffler
Lula B. Holland
Janice and Donald
Howell



WTFC Board Officers Patsy Joyner, Robert Fry,
Stephie Broadwater, and Charlie Broadwater

Jackie and Bill Howell
Marsha Hudgins
Vergia Johnson
Mr. and Mrs. L. Allyn
Julien, Jr.
Ladies Auxiliary of the
VFW Post 4411
Liberty Spring Ruritan
Club
Peg and Dave
Lockwood
Rosemary and
Desmond Longford
Mr. Benjamin P. Lynch
Magnolia Ruritan Club
Mr. and Mrs. Lynn
Martin
Jared Nadel
Oxford United
Methodist Church
UMW
Pilot Club of Suffolk
Claudette and Robert
Putze
Quality Cleaners, Inc.
Mr. and Mrs. Frederick
M. Quayle
Joyce and Bobby Ralph
Frances Rayburn
June and Charles Rice
Elaine Richardson
Regina Richardson
William Franklin Rose
William R. Savage
Mr. and Mrs. James S.
Schloss
Susie Slack
Sharon Slate
Dianne and James
Sonneborn
Southside Baptist
Church, Senior Men's
Sunday School
Randall Spangler
Sheila Spratley
Suffolk Elks Lodge No.
685
Suffolk Social Club
Malcolm and Sydney
Tabor
Alan Taylor
Cynthia and Henry
Thomason
Trinity United
Methodist Women
United Full Gospel
Revival Center
United Way of the
Virginia Peninsula
Mr. and Mrs. R. D.
Vroman
Dr. and Mrs. James
Waddy
Kae Wagner
Wendell Waller
Danny and Judy Walls
Wesley Chapel UMW
West End Baptist
Church Youth Group
Wayne and Joanne
Willis
Woman's Club of
Windsor
WOTM Suffolk
Chapter 1315

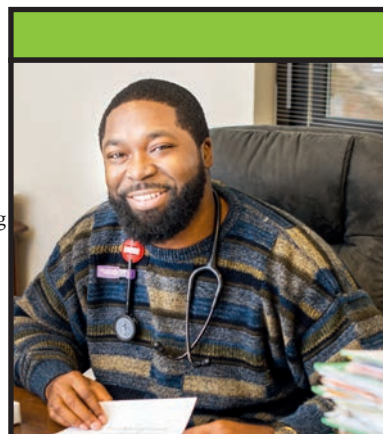
Chris and Byron Work
Friends
\$1 - \$99
Anonymous (2)
William and Taylor
Barlow
Maxine E. Barnett
Gloria and Judd Barrett
Morolyn Batten
Benns United
Methodist Women
Randall W. Betz and
Barbara S. Mease
Mae B. Breslauer
Lloyd E. and Ann Marie
Brotzman
Guy and Connie Bunch
Linda and Gaither
Bunch
Sue Burton
Vicki and Mark Butler
Sue Bloxom and Robert
Clyburn
Nancy and Oliver
Creekmore
William R. Darden
Ellie Dashiell
Evelyn Daughtry
Charles F. Dawson
Delta Kappa Gamma
Nancy and Sandy
Dempsey
Jacquelin Edwards
Judy and Wayne
Gardner
Amanda Goodwin
Richard Goodwin
Lorraine and James
Graves
Dorothy G. Gwaltney
Mr. and Mrs. James M.
Habel III
Margot Harding
Antonia Harrison
Ms. June Hood
Duncan Hopkins
International Paper
Corporation
Mr. and Mrs. C. D.
Jernigan
Mrs. Barbara Jones
Catherine and
Roosevelt Jones
Herbert and Ellen Jones
Pamela Jordan
Junto Woman's Club
Ms. Linda Augusta King
Barbara and Robert
Marr
Mr. and Mrs. Howard
W. Martin, Jr.
Mr. and Mrs. R.H.
McKinney
Johnny and Joan Minter
Ms. Carol Mitchell
Mr. Brian D. Modlin
Carrie Lee and James
Myers
Delois Newby
Newsoms United
Methodist Women
Joan Dianette Norfleet
Mr. and Mrs. Henry H.
Odom, Sr.

Mr. and Mrs. W.B.
Owen
Marsha Palmer
Mr. and Mrs. John W.
Parr
Susan and Richard
Parker
Robert and Faye Perry
Reginald Phillips
Ms. Barbara P. Powell
Ms. Bernice Rogers
Martha L. Savage
Mr. and Mrs. Dwight
Schaubach
Christine Schwab
Sentara Obici Hospital
Educational Services
Department
Nancy Spratley
Sharon Springfield
Suffolk Insurance
Corporation
Gail Baker Taylor
Lynda Tester
Lynda and Glenn
Updike
Ms. Ginger Vincent
Mr. and Mrs. Howard
Vulk
Walters Homemakers
Club
Mrs. Shirley Weaver
West End Baptist
Church, Tuesday
Evening Prayer Group
Anne and Taylor
Williams
Ray Wilson
Gifts In-Kind
AARP Suffolk #4030
AARP of Suffolk
Kimberly Abernethy
Added Touch Florist
Deborah M. Amatulli
Lisa Ambrose
Laura Atkins
Bob Begland
Benns United
Methodist Church
Edward Berdick
Bethlehem Christian
Church
Bethlehem Christian
Church King Circle
Bethlehem Ruritan
Club
Deborah Bissey
Charnell and George
Blair
Teresa Bolen
Betty Brinkley
J. Brock
Allen Brown
Debbie Bryant
Anne Beth Burnham
John Burton, III
Butler Paper Recycling
Mark and Vicki Butler
C3 Vino
Kathleen Carlson
Nancy Carter
Celebration Christian
Church
Willie Chambers

Theodore Chaney, Jr.
Chick-Fil-A
Margaret Cicirelli
Martha Collins
Ricky Connor
D.B. Bowles Jewelers
Delta Kappa Gamma
Carolyn Dennis
Larry Diamond
Lucy Drewry
John Duggan
East Suffolk High
School Alumni
Association
Teresa Edwards
Ella Ellis
Susan Evans
Barbara and Marvin
Fanny
Myrtle Fodrie
Food Bank of South
Eastern Virginia and
the Eastern Shore
Franklin Baptist Church
Linda French
Ed Gauthier
Judy and Wayne
Gardner
Anne Germ
Gethsemane Baptist
Church
Girls with Pearls
Sasha and Benjamin
Goldberg
Paul and Lisa Guy
Marie B. Haas
Patricia Harrell
Nathan Hassell
John Henry
D. Higginbotham
Pat Hilscher
Joyce Hobbs
Kathleen and William
Hoffman
Holland Country
Gourmet
Holland Ruritan Club
Sonja Holland
Rose Holmes
Ms. June Hood
Edna Ives
Elizabeth H. James
Ann Jannene
Johnson's Florist
Lawrence Johnson
Maria Johnson
Bobbie Jones
Catherine and
Roosevelt Jones
Marie Jones
Megan Jones
Sandra J. Jones
Manohar Kapur
Carroll and Grace Keen
David Kinard
Kings Fork Ruritan
Club
Ladies Auxiliary of the
VFW Post 8545
Tom Leggett
Susan D. Lewis
Ray Lombre'
Macedonia AME
Church
Craig McLain

Patricia Mears
Somerton Friends
Meeting
MilesStones
Photography
Panera Bread
Ann Parker
Pilot Club of Suffolk
Kathy Queen
Edward Ramp
Robert Raney
Remedies MediSpa
Sarah Richardson
Teresa Richardson
Roy's & Ricky's Catering
Marie M. Robinson
Ms. Bernice Rogers
Judy Runion
Dalton Russell
S & B Tent Rentals
Safeco
Sentara Vascular
Specialists
Cindy Shea
Beverly R. Shockley
Joel Small
Almeta Barnes Smith
Patricia Smith
St. Andrew Presbyterian
Church
Mary Steen
Betty Stevenson
Buster Stockman
Suffolk Christian
Church
Suffolk Presbyterian
Church
Super Drug
Laura Swafford
Arleen Tisdale
Margaret Tolly
Brenda Tooley
Plaid Turnip
Patty VanDyke
Walgreens Pharmacy
Lynn Wehner
Terrie and Mark
Weinketz
West End Baptist
Church Youth Group
Elma White
Woman's Club of
Suffolk
Women's Home and
Overseas Missionary
Society
Women's Leadership
Council - United Way
John Yow

Photos from top: Dr. Victor Clark; EVMS
volunteers Tiffany Stradford and
Dr. Teresa Babineau; dental staff Monika
Patrick and Susan Lewis; patient
James Cross



* Multi-year pledge

Tributes and Memoriams

are a wonderful way to honor your loved ones and friends by giving a gift in their name.

In Honor*

Velma Aschenbach
W.B. and Nell Owen

Dr. Teresa Babineau
Robert and Nancy
Brewbaker

Maxine E. Barnett
Gloria and Judd Barrett

Miriam Beiler
Barbara and Karl Stoltzfus

**Stephie and Charlie
Broadwater**
Sallie Belle Benedetti

Betty Bunch
Linda and Gaither Bunch

Kathleen Carlson
Priscilla and Rob Heard

Rose B. Chapman
Ladies Auxiliary of the VFW
Post 4411

R. Eley Duke IV
Lydia Duke and Bill Hevener

Sam Glasscock
Linda and Gaither Bunch

**John and Mary Lawrence
Harrell**
Pearl and Robert Harrell III

Richard Holland, Jr.
Patty and Ed Flemming

Dr. Bernard F. Jamison
Maynard Gwaltney
Kathleen and William
Hoffman

Regina and Charles Jones
Barbara Jones

Buddy Joyner
Susanne and Steven Derrick
Linda and Marvin Hoffer

Dr. Patsy R. Joyner
Cynthia and Henry
Thomason

**Judge and Mrs. Joseph
Massey**
Whitney and Ellen Saunders

**Mr. and Mrs. Alexander W.
Oliver IV**
Whitney and Ellen Saunders

**Erica, Brian, and Landen
Parker**
Richard and Susan Parker

Marsha Rooks
Susan Ashburn
Jacquelin Edwards

Margaret Rosner
Mary and Theodore
Gawlicki

**Mr. and Mrs. Robert H.
Saunders**
Whitney and Ellen Saunders

Virginia Savage
Sentara Obici Hospital
Educational Services
Department

Susan Stone
Jacquelin Edwards

Phyllis Stoneburner
Virginia Savage

The Staff of WTFC
Jinks and Kirk Babey

Pamela W. Witt
ADS Management

In Memory*

Alice Blumenson
Norman Blumenson

Ian Burgett
Roger and Tammy Burgett

Virginia Darden
Barbara and Robert Marr

Martha Denson
Barbara A. Davis

G. Leroy Edwards
Jacquelin Edwards

ES and RB
Susan B. Girois, MD, MPH

**R. Franklin and Arbee R.
Edwards**
Robert B. and Laverne W.
Edwards

Charlotte Fedro
Stephanie and Roger Fedro

Evie and Oscar Fowler, Sr.
Joan and Johnnie Minter

Mary Ellen Grimes
Caroline and Brian Martin

Henry Morgan Jones
Pamela Jordan
Robert and Faye Perry

Dr. Lee Lampton
Mr. and Mrs. James M.
Habel III
Mr. and Mrs. Frederick M.
Quayle

C.T. Lewis
Martha L. Savage
William R. Savage

Bernard Frank Lewis
Sue Burton
Amanda Goodwin
William R. Savage

Paul Camp Marks
Miriam Beiler
Barbara P. Powell
Jane and Dwight Schaubach

Bessie Parker
Lynda Tester

Grant Parker
Maxine E. Barnett

Ann Ralph
June Rice

Frank Rice, Sr.
Anonymous

Martha Godwin Saunders
Whitney and Ellen Saunders

Maud Richardson
Elaine Richardson
Regina J. Richardson

Kalathil Sankaran
Jack and Ann Nurney

Jeanette Swan
James and Sarah Schloss

David H. Slack, DDS
Susie Slack

William Slate
Sharon Slate

* *Honoree's name is in bold,
donor's name is not in bold.*



SOUTH HAMPTON ROADS

Anonymous (35)
Miriam Beiler
Hattie M. Boone
Dianne D. Boone
Mark F. Butler
Vicki R. Butler
Rebecca R. Cary
Frances E. Davidson
Barbara Davis
Jacqueline W. Hargrove
Shelley Helms
Shirley B. Hodge
Regina Perry Jones

Nancy A. Kinzinger
Mary Kowalski
Donald A. Luzzatto
Rebecca L. Marshall
Paul J. Moore, Jr.
Virginia Savage
Margaret D. Sullivan
Richard L. Turner
Terrie L. Weinketz
Ashley A. Witt
Pamela H. Witt
Paula W. Woodruff

Sentara Obici
Hospital and
their staff
physicians
provided nearly
\$2 million in diagnostic and
treatment services for Western
Tidewater Free Clinic patients.



2013 Report on Revenue and Expenses



Fiscal Year 2013

Fiscal Year 2012

Operating Revenue Sources

Interest Income	\$1,118	0.07%	\$744	0.04%
Board Pledges	\$14,535	0.92%	\$1,552	0.09%
Special Events	\$3,088	0.20%	\$3,479	0.19%
Other Income	\$6,172	0.39%	\$5,475	0.31%
Civic Groups	\$27,585	1.75%	\$11,425	0.64%
Municipalities	\$145,339	9.20%	\$161,000	8.96%
Individuals, Businesses, Faith-Based	\$488,970	30.94%	\$413,891	23.04%
Foundations	\$843,449	53.37%	\$1,198,651	66.73%
Donated Property	\$50,000	3.16%		
TOTAL	\$1,580,256	100%	\$1,796,217	100%

Operating Program Expenses

Fundraising	\$90,912	6.29%	\$82,779	6.06%
Management and General	\$111,980	7.74%	\$101,731	7.45%
Clinical Services	\$1,243,502	85.97%	\$1,181,150	86.49%
TOTAL	\$1,446,394	100%	\$1,365,660	100.00%
Change in Net Assets	\$133,862		\$430,575	



A grateful former patient returns with flowers and well wishes for Mother's Day.

Pictured at left: Regina Jones, Terry Oden, Ginger Vincent, Cathy Culbertson, former WTFC patient, Margaret Rosner, Pam Witt, and Pam Ritsch.



Current WTFC Staff

Executive Director

Miriam A. Beiler, MBA

Director of Clinical Services

Pamela H. Witt, RN, BSN

Physician

Victor Clark, MD*

Nurse Practitioners

Kay Frey, RN, NP*

Regina Jones, RN, NP

Financial Coordinator

Kim Abernethy

Director of Development

Ashley O. Greene

Development Coordinator

Alyson Wright Miles, MPH*

Volunteer Coordinator

Vicki Butler

Eligibility Coordinator

Terri Crockett

Dentist

Ernest Knight, DDS*

Dental Coordinator

Monika Patrick, CDA, CMAS

Dental Assistant

Susan Lewis, DA*

Registered Nurses

Leathia Carroll, RN*

Cathy Culbertson, RN

Medical Assistant

Terry Oden, MAA

Women's Health Program

Beverly Schramm, RN*

Ginger Vincent, RN

Clinical Support Services

Coordinator

Frances Sawyer

Pharmacy Technician

Pam Ritsch, CPhT

Office Services Assistant

Edie Matthews*

Data Manager

Casey Carlson*

Administrative Assistant

Barbara Powell*

Custodian

Rodney Chesson*

***Part-time**

Photos on the opposite page, clockwise from left: Dr. Ernest Knight treats a patient at the Suffolk Mission of Mercy (MOM) dental event; Nurse Cathy Culbertson shares a moment with a patient; Keurig Green Mountain employees Al Bergeron, Fred Myrick, Carrie Collier, Darryn Merchant, Tammy Heath, and Damaris Whitfield, after a day of volunteering at the Clinic; and Jim and Dianne Sonneborn smile for the camera with Elaine Beamon and Reverend Ann Hill.

Credits

Printer

Professional Printing Center

Contributing Photographer

MilesStones Photography

Contributing Writers

Miriam A. Beiler

Stephie G. Broadwater

Ashley O. Greene

Alyson Wright Miles

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The Western Tidewater Free Clinic (WTFC) 2013 State of the Mission is intended to provide an overview of the time, talent, and treasure utilized in providing a health home to eligible uninsured residents of Western Tidewater. To that end, the contents of this report have been extracted from personal interviews, existing content or database information. We cannot guarantee that this information is error-free. To provide any updates or corrections to this report, please notify the Executive Director of WTFC at 757-923-1060, extension 7001.

The Clinic maintains a 501(c)3 non-profit status and gifts are tax deductible to the extent of the law.





2019 Meade Parkway
Suffolk, Virginia 23434

