









A HEALTH HOME

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Bernard F. Jamison, MD

#### Mission

Our mission is to provide high-quality, non-emergency health care to the residents of Western Tidewater who cannot otherwise afford it.

#### Vision

Our vision is a healthy community where all people will be inspired and enabled to make healthy lifestyle choices, to use preventive health care, and to access resources to live in a safe and wholesome environment.

#### **Values**

Our core values are excellence, unity of purpose, respect, diversity, integrity, and stewardship of all resources.

# VHAT IS A HEALTH HOME?





Top: Miriam A. Beiler, Executive Director Bottom: Stephie G. Broadwater, Chair, Board of Directors

At Western Tidewater Free Clinic (WTFC), we believe it is the place where a person can receive life-saving services for their overall well-being in a warm, caring, and respectful environment. This belief underlies the mission of WTFC - to provide high-quality health care for those who cannot otherwise afford it.

How do we provide a health home at WTFC? We do it through our deep commitment to offer our patients comprehensive, coordinated, and compassionate care.

Comprehensive - Thanks to community partnership support, WTFC patients receive medical care, dental care, medications, mental health care, women's health care, resource referrals, diagnostic services, treatments, and surgeries. This access to comprehensive care has resulted in healthier patients. For example, in 2014, 460 mammograms were administered to WTFC patients by our diagnostic partners, resulting in six cancer or pre-cancerous detections, ultimately leading to immediate treatment options for these women. Early detection is crucial for survivorship and quality of life. In addition, over half of our patients had improved blood sugar, blood pressure, and Body Mass Index measurements last year.

Coordinated - We work closely with our community-based healthcare professionals to provide outstanding, integrated, and unduplicated care for those we serve. This commitment to excellence has resulted in our Electronic Medical Record implementation, which will be up and running late July, 2015. We are extremely pleased to introduce this improvement for coordinated patient care with other medical providers.

Compassionate – WTFC was founded by volunteers with the philosophy of neighbors helping neighbors. The dedication of our staff and 200+ volunteers is the driving force that helps us to provide compassionate health care to our patients. Since we opened the doors of this health home, our volunteers have donated over 90,000 hours of their time, for a value of over \$3 million, to improve the health and lives of our patients. Last year, the work of these volunteers equaled that of almost 7 full-time employees.

We are grateful for the support of the community at-large so we can continue to be a health home to those who need us. With your support, we remain dedicated to our vision of a healthy community where all people will be enabled to live in a safe and wholesome environment. Each of you is critical to this care – thanks to you, we welcome our patients home every day.

Warmly,

Miriam A. Beiler Miriam A. Beiler, Executive Director

Stephia & Broadus

Stephie G. Broadwater, Chair, Board of Directors

# OPPORTUNITIES TO GET INVOLVED

Legacy Giving Please consider this timeless and thoughtful way to support and sustain WTFC. For more information on how you can support WTFC through bequests, trusts, or other legacy gifts, contact Miriam Beiler at mbeiler@wtfreeclinic. org or 757-923-1060, ext. 7001.

Gifts In-Kind WTFC accepts gifts in-kind such as office and kitchen supplies, unopened and unexpired medications, and meals for our volunteers. Questions about in-kind donations? Contact Kim Abernethy at kabernethy@wtfreeclinic. org or 757-923-1060, ext. 7002.

**Matching Gifts** Many companies have matching gift programs that help you stretch your donation and make giving easy. Check with your employer to see if this opportunity is available to you.

Speakers Bureau Are you a member of a civic group, church, or club that might host speakers from time to time? For speaker information or to schedule a tour, contact Ashley Greene at agreene@wtfreeclinic.org or 757-923-1060, ext. 7025.

**NAP Credits** The Virginia Neighborhood Assistance Program (NAP) provides tax incentives to encourage individuals to participate with nonprofit organizations. At WTFC, we give these NAP credits to licensed medical and dental volunteers.

# VOLUNTEERS

are the lifeblood of Western Tidewater Free Clinic. Since opening, volunteers have donated over 90,000 hours to improve the health and lives of our patients – an estimated value of over \$3 million!

#### **Physicians**

Dr. Serena Barakat Dr. Ali Choudhury Dr. James Collier Dr. April Foster Dr. Robert Harrell Dr. Charles Hastings Dr. William Jackson Dr. Bernard Jamison Dr. Prashanthi Koduri Dr. Patricia McNulty Dr. Sharon Sheffield Dr. Lynne Stockman Dr. Alexander Su Dr. Joseph Verdirame Dr. Richard Whalen

#### Nurse **Practitioners**

Eileen Gilman Jane Lilley Cheryl Lumbard Michele Smith-Hunter Lou Ann Turner

#### Nurses

Debra Alphin Bernadette T. Amalla Janet Bonney Terri Bowes Caitlyn Boyd Becky J. Brinkley Jean Brinkley Tonya Britt Ricky Brockington Allyson L. Brown Bob Brown

Maureen Butler Tamika Champagne Nancy Cisco Sylvia A. Crum Carolyn Cunningham Mary DeGroft Mary Doty Metwyoine Dunn Amy Fowler Barbara Gietl Marie Haas Brandy Helman Mary Helmer Jo Ann Herring Lizbeth Holdstein Elizabeth James Judith Johnson Maria Johnson Carla A. Jones Sara Leggett Sandra Muller Charlene J. Revell June Rice Marie Robinson Beverly Schramm **Eresbet Spain** Laura Swafford Betty Thompson Sandra Tonker Nancy Verdirame Judy Walls Shirley Weaver Roderick M. Wesley Carolyn West Sarah Willman Caleb Witt Christine Work Vivian Young

#### **Nursing Students** Connie Cook Crystal Shumate

Certified Nursing Assistant Shalesa Perry

#### Emergency Medical **Technician** Kathryn E. Torsella

Medical Assistant Lorne Wellons

#### Mental Health Counselor Bruce Copeland

**Physical Therapists** Gary Smith Sharon Springfield

### **Phlebotomists**

Gail Kynett Uchenna Ogbonna **Pharmacists** 

#### Dennis M. Alder Donna C. Edwards Ashley Hogg David Reid Margaret Rosner Patricia Spruill Kirby Stiening Jameika Stuckey

Danny Walls

#### Pharmacy Interns

Christel Archer Dannielle R. Brown Courtney Henry Kimberly B. Kirkpatrick Bright N. Lamptey

Madeline Nguyen

Tina-Shai Quollis

### **Pharmacy Technicians**

Neal G. Davis, Jr. David Johnson Katharin Jordan

#### **Dentists**

Dr. Amy Brown Dr. Davis W. Gardner Dr. William Heriford Dr. R. Leroy Howell Dr. Ralph L. Howell, Jr.

#### Dental Hygienists

Michelle M. Alston Kimberly M. Artis Pamela Brooks Denise Claiborne Frin L. Lowe Patricia Mears Susie Slack Sharon C. Stull Amber Walters

#### Dental Hygiene Students Ashley D. Peterson Angela M. Wood

#### **Dental Assistants**

Jasmine Davis Elizare Freeman

#### Chaplains Orville Burton, Jr.

Ann Hill Leo Whitaker

Brandon Allen

Nakia Alston

Laura Atkins

Elaine Beamon

Frances Alwood

#### General Volunteers

Betty Bunch Crystal Bynum Kelsey Byrd Casey Carlson Ann Christian Iean Claud Karla Coley Taylor Doughtie Lydia Dunkailo Deborah Dyke Marlene Everett Nadine Faulcon-Iohnson Edith Fields Faith Gwaltney Conrad Haas Conrad Haas, Jr. James Hagaman, Jr. James Hagaman IV Sandra Hagaman Jackie Harden Patrick Heard Shelley Helms Pamela Hill Carter Hotchkiss Camille Hundley-Prince Cleopatra Johnson Daniela Johnson Lisa Johnson Sandra J. Jones Tynesha Jones Mary Kenda Bryona L. Knight Sarah Levin Mary Lindner Emma Lockhart Darren Loomis Iames Mann Patricia Mann Tunisia Matthews Senecia McNeil Julia Miles Carolyn C. Mines Paulina Mirovski Gloria Mizelle

#### GET INVOLVED

WTFC has many volunteer opportunities available, from administrative to clinical support. Please contact Kimberly Stone at kstone@wtfreeclinic.org or 757-923-1060, ext. 7003.

#### **OFFSITE PROVIDERS**

1 Foot 2 Foot Centre for Foot and Ankle

Bayview Physicians Group - Audiology Bayview Physicians Group - Ear, Nose and Throat

Bayview Physicians Group - Pulmonary and Critical Care

Bayview Physicians Group -Rheumatology

Commonwealth Vascular Institute Eastern Virginia Medical School Emergency Physicians of Tidewater Endocrinology & Diabetes Center Gastrointestinal & Liver Specialists of

**Tidewater** Hampton Roads Radiology Nephrology Associates of Tidewater Neurology Associates of Suffolk OB-GYN Physicians, Inc. Pathology Sciences Medical Group Sentara Anesthesiology Specialists Sentara Cardiology Specialists Sentara Infectious Disease Specialists Sentara Surgery Specialists Sentara Vascular Specialists Suffolk Eye Physicians & Surgeons

Tidewater Anesthesia Urology of Virginia Virginia Eye Consultants Virginia Oncology Associates

Virginia Orthopaedic & Spine Specialists

Sydneye Morings Kati J. Naatus Cindy New Mercy Osabutey Betty Pope Barbara Powell Danielle Price Joanette Ragsdale Barbara Rayburn Stephanie Remy Donna Rogers Ellen Saunders

Sarah Schimming James Sonneborn Jacqueline Spells Shannon Staten Kay Stephenson Kim Swan Michele Teemer Kanika T. Waters Mary B. Whitener Marcia Whitley Jasmine Williams Mary Lee Willis



Some of our WTFC Volunteers of the Year at the Volunteer Picnic – from left: Medical Volunteer of the Year Sharon Sheffield, MD, and Health Professionals of the Year Laura Swafford, RN and Libby Holdstein, RN.

# HOME IS

where you feel at home and are treated well...

~ Dalai Lama



WTFC became Janice's health home in 2014, providing her with multiple services she desperately needed: medical and dental care, women's health specialty services, and lifesaving medications.



As a former patient, current volunteer and now a major donor, Carla is truly part of the WTFC family. She says, "The Clinic was a godsend for me. My life will never be the same."



WTFC could not exist without volunteers. Joe and Nancy Verdirame have been medical volunteers at the Clinic since the doors opened. Dr. Verdirame has also been critical to the Clinic's leadership, serving as a board member and Clinical Services Chair.

# PATIENT PROFILE

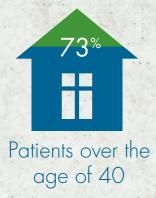


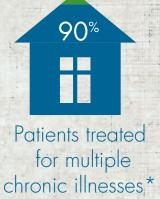
Patients working full or part-time, many with more than one job



Patients that live at or below 100% of the Federal Poverty Level

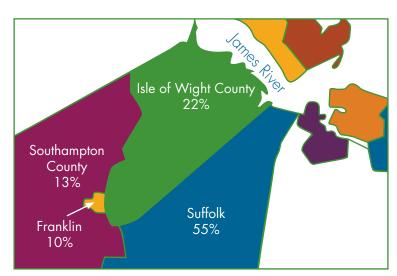






\*obesity, hypertension, hyperlipidemia, heart disease, diabetes

### PATIENTS SERVED BY LOCALITY



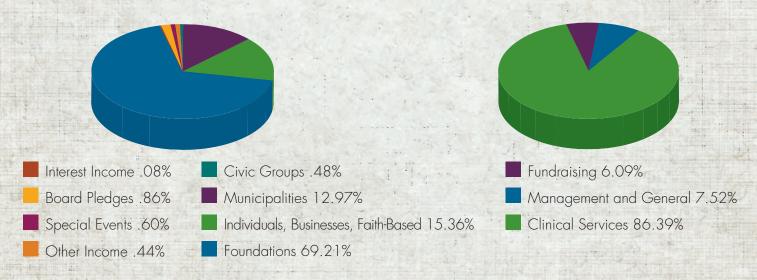
# MEDICATION ASSISTANCE PROGRAM



Since the inception of the Rx Partnership and the Medication Assistance Program at

WTFC, patients have received over 120,000 free medications with a retail value of almost \$19 million.

# 2014 REPORT ON REVENUE AND EXPENSES



|                                      | FISCAL YEAR 2014* |         | FISCAL YEAR 2013 |        |
|--------------------------------------|-------------------|---------|------------------|--------|
| OPERATING REVENUE SOURCES            |                   |         |                  |        |
| Interest Income                      | \$1,486           | 0.08%   | \$1,118          | 0.07%  |
| Board Pledges                        | \$15,328          | 0.86%   | \$14,535         | 0.92%  |
| Special Events                       | \$10,756          | 0.60%   | \$3,088          | 0.20%  |
| Öther Income                         | \$7,806           | 0.44%   | \$6,172          | 0.39%  |
| Civic Groups                         | \$8,531           | 0.48%   | \$27,585         | 1.75%  |
| Municipalities                       | \$231,103         | 12.97%  | \$145,339        | 9.20%  |
| Individuals, Businesses, Faith-Based | \$273,582         | 15.36%  |                  | 0.94%  |
| Foundations                          |                   |         |                  |        |
| Donated Property                     | —                 | 0%      | \$50,000         | 3.16%  |
| TOTAL                                | \$1,781,555       | 100%    | \$1,580,256      | . 100% |
| OPERATING PROGRAM EXPENSES           |                   |         |                  |        |
| Fundraising                          | \$89,440          | 6.09%   | \$90,912         | 6.29%  |
| Management and General               | \$110,429         | 7.52%   | \$111,980        | 7.74%  |
| Clinical Services                    |                   |         |                  |        |
| TOTAL                                | \$1,468,771       | 100.00% | \$1,446,39410    | 0.00%  |
| Change in Net Assets                 | \$312 <b>7</b> 84 |         | \$133.862        |        |

<sup>\*</sup>Note: The amounts above do not include in-kind income and expenses.



Clinic volunteer Ricky Brockington, RN and his wife Miriam Hill-Brockington smile for the camera.

# DONORS

are critical to the mission of WTFC to deliver high-quality, compassionate care to our most vulnerable neighbors. We are dedicated to good stewardship of our community support – every \$1 donated equals almost \$7 in services. Thank you for your commitment to the patients of WTFC!

Carter W. Hotchkiss

Mr. and Mrs. Martin

Dr. Patsy R. Joyner

Caroline and Brian

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Church

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#### Cornerstones \$100,000 and above

Birdsong Corporation\* City of Suffolk Franklin Southampton Charities Obici Healthcare Foundation Sentara Health Foundation

#### Visionaries \$50.000 -\$99,999

Beazley Foundation, Camp Family Foundations Special Fund #5 of the Hampton Roads Community Foundation Susan G. Komen for the Cure Virginia Association of Free and Charitable Clinics Virginia Health Care Foundation

#### **Benefactors** \$20,000 -\$49.999

Town of Smithfield United Way of South Hampton Roads Violet Greco Foundation

#### **Ambassadors** \$10,000 -\$19,999 Anonymous

Chesapeake Diagnostic Robert and Phyllis Imaging Centers, LLC Isle of Wight County Pruden Foundation

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# \$1,000 - \$2,499

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Goode

Hoffman

Church

Ronald and Ethel Hart

Kathleen and William

Holy Neck Christian

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Bernard and Estelle Jamison are dedicated WTFC supporters.

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Roy's & Ricky's Catering

\* Multi-year pledge + deceased



Bobbie and Jack Chapman enjoy themselves at the WTFC Donor Reception at the Planter's Club.



Vergia Johnson and Audrey Hart joined other supporters of WTFC at the 2014 Donor Reception.



Sentara Obici Hospital and their staff physicians provided nearly \$2 million in diagnostic and treatment services for Western Tidewater Free Clinic patients.

# HONORARIA AND MEMORIAL TRIBUTES

#### In Honor\*

Dr. Terri Babineau

Robert and Nancy Brewbaker

Maxine E. Barnett Gloria and Judd Barrett

Katie Beiler

Barbara B. and Karl D. Stoltzfus Mr. Stephen Beiler

Vicki Butler

Fran and Bob Alwood James and Shirley Weaver

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**Dr. Bernard. F. Jamison**Jack and Bobbie Chapman

**Buddy Joyner** 

Marvin L. and Linda Hoffler

Dr. Desmond Longford

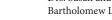
Jack and Bobbie Chapman Johnnie and Joan Boyce Minter

Pat and Jim Mann

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Drs. Susan and Bartholomew LoPresti

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Phyllis Stoneburner

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**Gayle Treakle** Ms. Kay Culpepper

The Employees and Volunteers of WTFC

Johnnie and Joan Boyce Minter

Staff of WTFC

Alyson Wright Miles

**Tywan N. Wilson** Hilda and Ray Wilson

Virginia Savage

Sentara Obici Hospital Educational Services Department

#### In Memory\*

Alice Blumenson Norman Blumenson

Roger Burns

Debra and Thomas Brown

Paul Chapman

Rosemary and Desmond Longford

E. Talmadge Darden Robert M. Butler, Jr.

Michael Darden

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Dwight and Jane Schaubach

\* Honoree's name is in bold.



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Ashley Witt
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Mr. Ben Word III

## united way,

Another easy way to support WTFC: designate WTFC to receive a portion, or perhaps all, of the funds you contribute to the United Way.

Our CVC # is 05035

Information compiled from United Way reporting.

Clinic volunteer Crystal Bynum assists in the pharmacy program.

# CURRENT WTFC STAFF

Executive Director Miriam A. Beiler, MBA

Physicians George Blackwood, DO\* Victor Clark, MD\*

Director of Clinical Services Pamela H. Witt, RN, BSN

Nurse Practitioners Kay Frey, RN, NP\* Regina Jones, RN, NP

*Dentist*Ernest Knight, DDS\*

Director of Development Ashley O. Greene

Financial Coordinator Kim Abernethy

Volunteer Coordinator Kimberly Stone

Clinic Charge Nurse Cathy Culbertson, RN

Registered Nurse Leathia Carroll, RN\*

Medical Assistant Terry Oden, MAA

Women's Health Program Beverly Schramm, RN\* Ginger Vincent, RN Pharmacy Technician Pam Ritsch, CPhT

Dental Coordinator
Monika Patrick, CDA, CMAS

Dental Assistant
Susan Lewis, DA\*

*Dental Hygienist*Michelle Alston, RDH\*

Front Office Coordinator Frances Sawyer

Office Assistants Lisa Johnson Edie Matthews\* Shanelle Mendez Data Manager Casey Carlson\*

Custodian
Rodney Chesson\*

\*Part-time



WTFC staff members Terry Oden, Casey Carlson, and Pam Witt volunteer at the Suffolk Mission of Mercy (MOM) dental event.

# **CREDITS**

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