

BYTHE Western Tidewater FREE CLINIC Helping Hands. Health. Hope. NOTE: The Western Tidewater FREE CLINIC Helping Hands. Health. Hope.

2016 State of the Mission

WESTERN TIDEWATER FREE CLINIC

Board of Directors

Mission

Our mission is to provide high-quality, non-emergency health care to the residents of Western Tidewater who cannot otherwise afford it.

Vision

Our vision is a healthy community where all people will be inspired and enabled to make healthy lifestyle choices, to use preventive health care, and to access resources to live in a safe and wholesome environment.

Values

Our core values are excellence, unity of purpose, respect, diversity, integrity, and stewardship of all resources.

2016 OFFICERS

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Phyllis Stoneburner, RN, BSN, MBA

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April Foster, MPH, DO

Opportunities

LEGACY GIVING

Please consider this timeless and thoughtful way to support and sustain WTFC. For more information on how you can support WTFC through bequests, trusts, or other legacy gifts, contact Ashley Greene at agreene@wtfreeclinic.org or 757-923-1060, ext. 7025.

GIFTS IN-KIND

WTFC accepts gifts in-kind such as office and kitchen supplies, unopened and unexpired medications, and meals for our volunteers. Questions about in-kind donations? Contact Kim Abernethy at kabernethy@ wtfreeclinic.org or 757-923-1060, ext. 7002.

MATCHING GIFTS

Many companies have matching gift programs that help you stretch your donation and make giving easy. Check with your employer to see if this opportunity is available to you.

SPEAKERS BUREAU

Are you a member of a civic group, church or club that might host speakers from time to time? For speaker information or to schedule a tour, contact Ashley Greene at agreene@wtfreeclinic.org or 757-923-1060, ext. 7025.

NAP CREDITS

The Virginia Neighborhood Assistance Program (NAP) provides tax incentives to encourage individuals to participate with non-profit organizations. At WTFC, we give these NAP credits to qualified licensed medical and dental volunteers.

Numbers have life; they're not just symbols on paper. ~Shakuntala Devi



Stephie G. Broadwater, Chair, Board of Directors



Chet M. Hart, Executive Director

In 2016, Western Tidewater Free Clinic (WTFC) experienced a record year of numbers — in patient visits, medications, vision services provided, and more. But those numbers are not just statistics or symbols, and they don't just have life — they are life. At WTFC, these numbers represent the lives of our neighbors who have been changed, and often saved.

Clinic numbers have grown regularly over the past nine years since opening in 2007, illustrating the great need that exists in Western Tidewater. Thanks to the community's support, patient services have steadily expanded and our patients' health home is more comprehensive than ever before.

2016 By The Numbers:

- 30,000+ = 30-day prescriptions filled
- 18,000+ = annual patient visits
- 575 = new patients
- 300+ = vision appointments
- 130 = full and partial dentures

Many of these numbers are record-breaking for WTFC, and therefore astounding. But even more importantly, each number reflects a life changed, one patient at a time. Our patients are individuals with complex health needs that require much more than one dental cleaning, one doctor's visit, or one prescription. They need a hand up, not a hand out, and each day at WTFC we are amazed at the resilience that is fostered in someone's life when they are given compassion, empathy, and hope.

On behalf of the Board of Directors, the staff, and most importantly the patients we serve at Western Tidewater Free Clinic, thank you for being one of the numbers we can truly count on - a vital supporter of our vision of a healthy community for all.

Stephia & Broads

Stephie G. Broadwater Chair, Board of Directors

Chet M. Hart

Executive Director

Patients Served by Locality

2016 TOTAL PATIENTS SERVED: 1,397



Western Tidewater Service Area

PATIENT PROFILE

37% [are working full or part-time, many with more than one job
62% [are women
78 % [are over the age of 40
86% [live at or below 150% of the Federal Poverty Level = annual income of \$36,375 for a family of four
95% are treated with multiple chronic illnesses, such as hypertension, heart disease, diabetes

The Numbers of 2016

onsite exe exams provided in the first full year of offering vision services



Donna Edwards, volunteer pharmacist

\$5.3 MILLION

In 2016, 30,101 30-day prescriptions were distributed to WTFC patients, valued at more than \$5.3 million. On average, 90% of our patients suffer from multiple chronic illnesses such as high blood pressure, high cholesterol, and diabetes, which can only be managed with access to lifesaving medications.



Dr. Charles H. Rawls, Jr., staff dentist

510

Local dentist Dr. Charles Rawls joined the WTFC dentistry team in 2016, providing our patients with 130 full or partial dentures, more than double provided the year before. Throughout the year, 510 dental patients received almost 2,000 dental visits with a value of more than \$660.000.



Eric Mack, WTFC patient

18,022

WTFC had a record year in 2016 with 18,022 visits for 1,397 patients, 575 of whom were new to Clinic services. This average of almost 13 visits per patient illustrates a "health home" model of care, where our patients receive access to comprehensive health services including medical, dental, vision, women's health, mental health, medical specialty, and medications.

new Executive Director, Chet Hart, successfully welcomed



Volunteer Jim Sonneborn and WTFC Executive Director Chet Hart

A TRIBUTE TO DR. BERNARD F. JAMISON



SO MUCH MORE THAN NUMBERS, THESE FIGURES REPRESENT A LIFETIME OF EXTRAORDINARY COMMITMENT:

62 = years practicing family medicine
24/7 = available office hours
59, and counting = years married to his hometown sweetheart
1,700+ = professional hours donated to Western Tidewater Free Clinic since its opening
1,000's = lives changed

It all began in Belfast, Northern Ireland when Dr. Bernard F. Jamison graduated from The Queen's University of Belfast in 1954. In keeping with tradition at the time, the young doctor immediately entered medical practice with his father. However, after visiting America for three months, he decided to move to the States permanently. Dr. Jamison and his new bride, Estelle, arrived in the United States in 1958 not only to celebrate their honeymoon, but to begin building a life together in a new country — a life that would go on to impact thousands of others.

After initially practicing in Newport News, Dr. Jamison and Estelle took a leap of faith by moving to Smithfield and purchasing a retiring doctor's home and medical practice. From the beginning, Dr. Jamison's practice was open any time, day or night, and he made house calls until he retired.

In the mid-1960's, Dr. Jamison placed a call to his former medical school colleague from Belfast, Dr. Desmond Longford, asking him to join him in his practice. Dr. Longford's acceptance set the stage for this dynamic duo to change the landscape of healthcare in their small, rural community and beyond. Seeing the great need for medical care in the local underserved community and wanting to do something about it, Dr. Jamison began volunteering at the Surry Free Clinic in the early 2000's. He treated people there who had gone years without healthcare, become too sick to work, and in some cases lost their health insurance. He also knew there were many more people in his own backyard in the same situation. Western Tidewater needed its own free clinic and Dr. Jamison decided to do something about it.

In 2005, Dr. Jamison and Dr. Longford joined other visionary members of the Western Tidewater Free Clinic (WTFC) Steering Committee. They laid the groundwork to create WTFC which opened in 2007. Without his influence, dedication, and commitment to the question, "When can we start seeing patients?" WTFC might still be just an idea. The idea became reality and Dr. Jamison was one of the first volunteer physicians there when the Clinic doors opened, tirelessly donating his time and talents. He also served on the Board of Directors, as co-Medical Director, and recruited many of the staff and volunteers who still support the WTFC mission.

Working side by side with other volunteers, Dr. Jamison was determined to make Western Tidewater a healthier community, one patient at a time. Looking back now, he admits he never imagined the Clinic would be what it is today, serving over a thousand patients annually, through tens of thousands of patient visits.

Dr. Jamison's contribution has been so much more than numbers of hours donated. He has changed lives and instilled hope through his selflessness, compassion, and generosity. This community remains forever improved as a result of his long and successful career of healing and service to others.

Dr. Jamison, it is with deep gratitude that we thank you for being 'the change you want to see in the world,' in the words of Mahatma Gandhi, by living a life devoted to those in need and less fortunate.

Volunteers

Western Tidewater Free Clinic could not open its doors without our 200 volunteers who donated about 700 hours per month last year. In 2016, this equated to more than 4 full-time employees. Since opening in 2007, over 110,000 hours have been donated to change patient lives at WTFC - an estimated value of over \$3.5 million.

PHYSICIANS

William Jackson Prashanthi Koduri Lynne Stockman Richard Whalen Gary Sajko Alexander Su Sharon Keverline Sharon Sheffield

NURSES

Debra Alphin Bernadette Amalla Robert Aquino Caitlyn Boyd Peggy Bradshaw Jean Brinkley Siobhan Clark Barbara Davis Joni DeCosimo Mary DeGroft Hayleigh Diamond Mary Doty Lindsey Dougherty Marie Haas Mary Helmer Jo Ann Herring Ann Huff Elizabeth James Karla Johnson Carla Jones Kevin Kawalec Mary Lindner Tanya Little

Samantha Luke Sandra Muller LaRhea Pierson June Rice Scott Riley Cathy Riley-Snyder Michelle Shabazz Barbara Shavers Audra Stone Sandra Tonker **Angelina Torres** Floretta Tucker Judy Walls Caleb Witt Christine Work Carmen Wynes **PHLEBOTOMIST**

Dawn Hartill PHYSICAL THERAPIST Gary Smith

Get Involved

WTFC has many volunteer opportunities available, from administrative to clinical support. Please contact April Adkison at aadkison@wtfreeclinic.org or 757-923-1060, ext. 7003.

DENTAL ASSISTANTS

Kara Benson Samantha Day LaShonda Everett **Deborah Owens**

DENTAL HYGIENE STUDENTS

Ayman Almuslem Kaylynn Anderson Meredith Ellis Kayla Johnson Jamila Williams

DENTAL HYGIENISTS

Michelle Alston Chelsy Harris Susie Slack

DENTISTS

Elizabeth Bernhard William Heriford R. Leroy Howell

Ralph Howell Charles Rawls

MENTAL HEALTH **COUNSELORS**

Catherine Calleto **Bruce Copeland** Haleigh Kelley

PHARMACISTS

Dennis Alder Donna Edwards Carol Kessler Maragret Rosner Kirby Stiening **Charity Strothers** Danny Walls

PHARMACY TECHNICIAN

Damacita Cave

PHARMACY TECHNICIAN STUDENTS

Selena Beals Maridel Kazmierczak

GENERAL VOLUNTEERS

Garrett Alder Frances Alwood Dawn Anderton **Christopher Andrews** Laura Atkins

Deandra Price-Newby

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Elaine Beamon

Betty Bunch

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Dora Parson Betty Pope Carlratha Powava-Barnes Joanette Ragsdale



Volunteer pharmacist Dennis Alder

Anthony Sandifer Lori Seagle James Sonneborn Jacaueline Spells Kay Stephenson Michele Teemer Marcia Whitley Mary Lee Willis Sara Wright

Offsite Providers

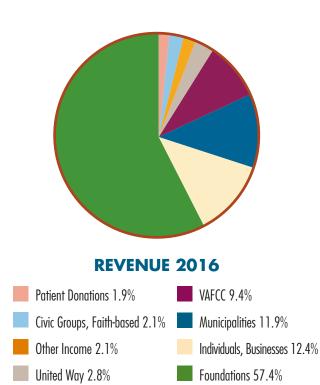
1Foot 2Foot Centre for Foot and Ankle Care **Bayview Ambulatory Surgery Center** Bayview Physicians Group — Audiology Bayview Physicians Group — Ear, Nose, and Throat Bayview Physicians Group — Pulmonary and Critical Care Bayview Physicians Group — Rheumatology Commonwealth Vascular Institute Eastern Virginia Medical School (EVMS) **EVMS Strelitz Diabetes Center Emergency Physicians of Tidewater** Gastrointestinal and Liver Specialists of Tidewater Hampton Roads Radiology Laboratory Corporation of America Lakeview Ambulatory Surgery Center McKenzie-Hastings Institute for Foot & Ankle Surgery Medical Center Radiology Nephrology Associates of Tidewater Neurology Associates of Suffolk OB-GYN Physicians, Inc. Pathology Medical Science Group Sentara Ambulatory Surgery Center Sentara Cardiology Specialists Sentara Infectious Disease Specialists Sentara Medical Group Anesthesia Specialists Sentara Obici Hospital Sentara Surgery Specialists Sentara Vascular Specialists Suffolk Eye Physicians & Surgeons Tidewater Anesthesia

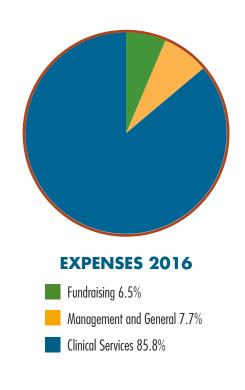
Urology of Virginia Virginia Eve Consultants Virginia Oncology Associates Virginia Orthopedic and Spine Specialists



Volunteers Latrice Mizelle, Marie Haas, Gloria Mizelle

2016 Financial Report





	FISCAL YEAR 2016*		FISCAL YEAR 2015*	
OPERATING REVENUE SOURCES				
Foundations	\$959,264	57.4%	\$938,751	60.1%
Municipalities				
Individuals	\$182,089	10.9%	\$167,831	10.7%
Virginia Association of Free Charitable Clinics (VAFCC)	\$156,708	9.4%	\$173,257	11.1%
United Way	\$46,118	2.8%	\$42,687	2.7%
Other Income	\$35,365	2.1%	\$32,378	2.1%
Patient Donations				
Civic Groups	\$25,650	1.5%	\$17,886	1.1%
Businesses				
Faith Based	\$10,683	0.6%	\$11,922	0.8%
TOTAL	\$1,672,346	100%	\$1,563,063	100%
OPERATING PROGRAM EXPENSES				
Clinical Services	\$1,513,832	85.8%	\$1,434,523	86.0%
Management and General				
Fundraising				
TOTAL	\$1,763,460	100.00%	\$1,668,830	100.00%
Change in Net Assets	(\$91 114)		\$105.767	

^{*}Note: The amounts above do not include in-kind income and expenses. Western Tidewater Free Clinic defines fiscal year as January 1 through December 31.

Donors

We are deeply grateful for each and every gift received. Thanks to community support, every \$1 donated equals over \$6 in services provided. Your donations allow us to deliver the compassionate care that our patients so critically need and deserve. Thank you!



In 2016, Sentara Obici Hospital provided approximately \$2.5

million of free care to WTFC patients through hospital and medical specialists services.

CORNERSTONES \$100,000 AND ABOVE

Obici Healthcare Foundation City of Suffolk Virginia Association of Free and Charitable Clinics

VISIONARIES

\$50,000 - \$99,999 Birdsong Corporation* **Camp Family Foundations** Franklin Southampton Charities Vanauard Charitable Anonymous Virginia Health Care Foundation

BENEFACTORS

\$20,000 - \$49,999 The Gawlicki Family Foundation Isle of Wight County Sentara Health Foundation Special Fund #4 of the Hampton Roads Community Foundation Susan G. Komen for the Cure Town of Smithfield United Way of South Hampton Roads** Violet Greco Foundation

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Gregory Lynn Prescott

Joyce and Bobby Ralph

Sentara Obici Education

Rodney Nelson Ray

Bernice Rogers

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Lucy Hill

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Gideons International

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Hillcrest Baptist Church WMU

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Sharon Reid Mary Ellen Riley Christopher B. and Cynthia G. Robinson Roy's & Ricky's Catering Whitney and Ellen Saunders Sentara Home Care Seven Cities Drywall, Inc. Sharon L. Sheffield Darlene Shields Ms. Tammy Singletary Smithfield Inn Steve C. Sorgeu Southside Baptist Church Southside Baptist Church Women's Class Cathie and Dick Stewart Suffolk Business Women's **Association** Suffolk Christian Church **Suffolk Retired Teachers** Association A. Pearl Thomas Mr. and Mrs. Ralph Tinkham Brenda Toolev **Total Business Solutions** Ms. Donna Totty The UPS Store 5885 Stacey Waller Mr. and Mrs. Donald E. Warner Larry West Sue and Edward Wilkinson Dr. M.C. Wilson, Jr. and Mrs. Sandra Leggett-Wilson Windsor Congregational Christian Church Windsor Lions Club Windsor Medicine, PLLC Dorothy Woodley

Betty Sue Plewes

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***These individual donations are included in Southeast Virginia Community Foundation total giving.

Janice Writtenberry Dr. and Mrs. Andrew Zasada Audrey Zweiman-Tosk

* Multi-year pledge + Deceased



Cheryl Mack, Summer Magee, and Diana Eaves from BB&T



Reginald Phillips

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Services

Pamela Ritsch Karla Sanchez Kimberly Schulze Luann Scott Elizabeth Totten Marianne Walston Terrie Weinketz Leo Whitaker Joice Whitehorn Raymond Willet **Ashley Witt** Pamela Witt

Another easy way to support WTFC: designate WTFC to receive a portion, or perhaps all, of the funds you contribute to the United Way. Our CVC # is 05035.

United Way of Virginia Peninsula Workplace Giving: Robert S. Fry

**Information compiled from United Way reporting. Individual workplace giving contributions included in United Way total giving.

Honoraria and Memorial Tributes



Volunteer pharmacist Margaret Rosner, WTFC Director of Clinical Services Pamela Witt, former WTFC executive Director Miriam Beiler

IN HONOR OF*

Fran Alwood Dorothy M. Hill

Kay BarnesSusan and Richard Parker

Maxine Barnett

Judd and Gloria Barrett

Katie Beiler Miriam Beiler

Miriam Beiler

Robert and Nancy Brewbaker Stephie and Charlie Broadwater Kathy and Barry Cole Drs. Diana and Paul Conco Mary Anne and Bob Fry Betty and Bill Giermak Sandy and Chet Hart Sadie and Dale High Richard Holland, Jr. Max and Mary Lindner
Hope and Timothy Palmer
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Lydia Duke and Duke Family

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Volunteers Jean Claud, Mary Lee Willis, Kay Stephenson

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Since the inception of the Rx Partnership and the Medication Assistance Program at WTFC, patients have received over 177,000 free medications with a retail value of almost \$29 million.

volunteer program recognitions: Volunteer Achievement Award and volunteer certification completed







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Pictures above, left to right: Audra Stone, MD, medical volunteer; WTFC Dental Coordinator Monika Patrick with WTFC patient Charles Duncan; WTFC patient Tammy Luck

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The Western Tidewater Free Clinic (WTFC) 2016 State of the Mission is intended to provide an overview of the time, talent, and treasure utilized in providing a health home to eligible uninsured residents of Western Tidewater. To that end, the contents of this report have been extracted from personal interviews, existing content, or database information. Therefore we cannot guarantee that this information is error-free. To provide any updates or corrections to this report, please notify the Director of Development at WTFC at 757-923-1060, extension 7025.

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Volunteer dentist Dr. Leroy Howell



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