

COMMUNITY RESOURCES

FOOD:

Foodbank of Southeastern Virginia and the Eastern Shore: Learn more about their food programs at www.foodbankonline.org/what-we-do/food-programs/; 757-627-6599.

Western Tidewater Community Produce Hub: 618 South St., Franklin, VA

Foodbank Agency Partner Directory: www.foodbankonline.org/directory/

Fresh Match: When customers shop with SNAP-EBT they receive a 50% discount on fruits and vegetables at participating Virginia Fresh Match outlets. Visit the website to find a farmer's market or neighborhood grocery store offering Virginia Fresh Match near you: www.VirginiaFreshMatch.org/locations

Salvation Army Suffolk: 400 Bank Street, Suffolk, VA; www.salvationarmypotomac.org/suffolk/; 757-539-5201

- **Drive-thru Meal Service:** Tuesday and Thursdays 3:00 PM
- **Food Pantry:**
 - Tuesday and Thursday 1:00 PM – 2:00 PM
 - Monday, Wednesday, Friday 10:00 AM – 4:00 PM (closed 12:00 PM – 1:00 PM)
- **Social Services:** Monday – Friday, 9:00 AM – 4:30 PM (closed 12:00 PM – 1:00 PM)
- **Office Hours:** Monday – Friday, 9:00 AM – 4:30 PM

Suffolk Christian Fellowship Center: 211 E. Washington St., Suite B, Suffolk, VA; (757) 353-0471; scfmc211@gmail.com; www.scfc.online/our-programs

- Open Monday, Tuesday, Thursday, Friday 11:30 AM – 12:30 PM
- Programs include: Food Rescue, Emergency Food, Soup Kitchen, Mobile Distribution, Diaper Depot

HOUSING:

Housing Crisis Hotline (managed by ForKids): 757-587-4202

Coalition Against Poverty in Suffolk: If you are a resident of Suffolk, VA and would like to request assistance, please make an appointment with CAPS by calling 757-935-5497 or emailing director@capsuffolk.org. Learn more at <https://www.capsuffolk.org/our-services/>.

Habitat for Humanity: Habitat SHR builds and renovates simple, decent, energy-efficient 2, 3, and 4-bedroom homes. These homes are then sold at no profit to our partner families, with a 30-year fixed rate mortgage which is no greater than 30% of their income at closing. These mortgage payments are contributed back into our building program, which helps create more homeownership opportunities for deserving families in the South Hampton Roads community. Learn more at <https://www.shrhabitat.org/homeownership>.

Rent Relief: 866-995-5595

EMPLOYMENT:

Workforce Development Center, Suffolk, VA: We connect potential students with training and education, school grants, federal grant funded training (when available) and tuition assistance.

The Center endeavors to match job seekers with employers. Training for skills and certifications may be offered to qualified candidates: **757-514-7730**

Paul D. Camp Community College Regional Workforce Development Center, Franklin, VA:
<https://www.pdc.edu/>; 757-569-6700

Hampton Roads Workforce Council: **<https://www.theworkforcecouncil.org/>; 757-314-2370**

DOMESTIC VIOLENCE/TRAFFICKING:

The Genieve Shelter: 757-925-4365 (M – TH: 9a – 5p); F: 9a – 2p) OR 1-800-969-4673 after hours

YWCA Crisis Hotline: 757-251-0144

YWCA provides shelter and crisis services to children, men, women, and LGBTQ individuals of all ages, races, cultures, and economic backgrounds who are escaping interpersonal violence, stalking, and/or human trafficking in order empower victims and break the cycle of violence.

Crisis Services Offered:

- Emergency Shelter
- Hospital Accompaniment
- Victim Advocacy
- 24-hour Crisis Response

Hampton Roads Human Trafficking Task Force: 757-430-2120

National Human Trafficking Task Force Hotline: 1-888-3737-888

FINANCIAL ASSISTANCE:

Crisis Assistance: Equipment-related and security deposit assistance is available November 1 through March 15. There must be a heating emergency, such as a lack of heat or inoperable/unsafe equipment. Eligibility screening and application can be done through CommonHelp (**commonhelp.virginia.gov**) or search “Crisis Assistance” to find a Department of Social Services office near you.

Taxes: Tax preparation services are available for low-to-middle income working individuals and families as well as for individuals and couples over age 60. Search “Tax Prep Assistance” to find a program or visit: **www.irs.gov/individuals/free-tax-return-preparation-for-you-by-volunteers**

LEGAL ASSISTANCE:

Virginia Legal Aid Society: <http://vlas.org/>; 866-LEGLAID

SUBSTANCE ABUSE – YOUNG ADULTS (age 18 – 24):

James Barry-Robinson Institute - Intensive Outpatient Program: jbrivirginia.org; outpatient@jbrivirginia.org; (757) 524-5585; accepts Medicaid

MISCELLANEOUS SERVICES:

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www.salvationarmypotomac.org/suffolk/; 757-539-5201

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Franklin Cooperative Ministry, Franklin, VA: Resource Center for Franklin, Southampton County and a bordering portion of Isle of Wight County. Services: clothing, dental care, food pantries, prescription expense assistance, rent payment and utility assistance: **757-516-6322**

Community Harvest Outreach, Windsor, VA: Services: food, household goods and clothing services; mentors, tutors, and workplace coaches. **757-556-5403**

Common Help: Virginia's convenient way to apply for healthcare coverage, food assistance, child care, heating/cooling assistance, and cash assistance: **commonhelp.virginia.gov**

Resources 757: **<https://www.resources757.org/>**

FindHelp: **<https://www.findhelp.org/>**

211 Virginia: **<https://211virginia.org/consite/index.php>**

211 Outside Virginia: **www.211.org**

211 Counts: **va.211counts.org**

HEALTH DEPARTMENTS:

Suffolk Health Department, Suffolk, VA: **757-514-4700**

Isle of Wight County Health Department, Smithfield, VA: **757-357-4177**

Franklin City Health Department, Franklin, VA: **757-562-6109**

Southampton County Health Department, Courtland, VA: **757-653-3040**

POISON CONTROL:

Virginia Poison Control Hotline: 24-hour advice and information regarding poison prevention and information: **(800) 222-1222**

SUICIDE:

National Suicide Prevention Lifeline: **800-273-8255**

CANCER SUPPORT:

American Cancer Society: <https://www.cancer.org/about-us/local/resources-list.html>

VISION RESOURCES:

Bennett's Creek Sertoma Club: Sertoma's primary service project is **assisting the more than 50 million people with speech, hearing and language disorders**. Sertoma also sponsors community projects to promote freedom and democracy, to assist youth and to benefit a variety of other local community needs, as selected and funded by individual clubs.

Lion's Club International: Mission: To empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding. Receive assistance with hearing aids and eye glasses or donate:

<https://www.lionsclubs.org/en/explore-our-clubs/eyeglasses-and-hearing-aids-recycling>

Find a local Lion's Club: https://www.lionsclubs.org/en/start-our-approach/club-locator#_ga=2.263665420.1294201105.1651518296-975266792.1651518296

MEDICAL/REHABILITATION EQUIPMENT:

F.R.E.E. Foundation: **757-771-6183**

VATS (Virginia Assistive Technology Services): <https://www.vats.org>

MEDICAID/FAMIS:

Cover Virginia: Learn about Virginia's Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. www.coverva.org

CHILDREN:

Infant & Toddler Connection of Virginia: Provides early intervention support and service to children from birth to age 2 who are not developing as expected or have a medical condition that can delay normal development. Search "Infant/Toddler" to find a program near you or visit: www.infantva.org/.

Virginia Child Care: Information on the importance, benefits and standards of safe, quality child care. Search for child care providers near work or home. **VISIT:** www.childcareva.com

SENIOR SERVICES:

Virginia Easy Access: Special resources for seniors and people with disabilities: easyaccess.virginia.gov

Senior Services of Southeastern Virginia: <https://www.ssseva.org/our-services/>