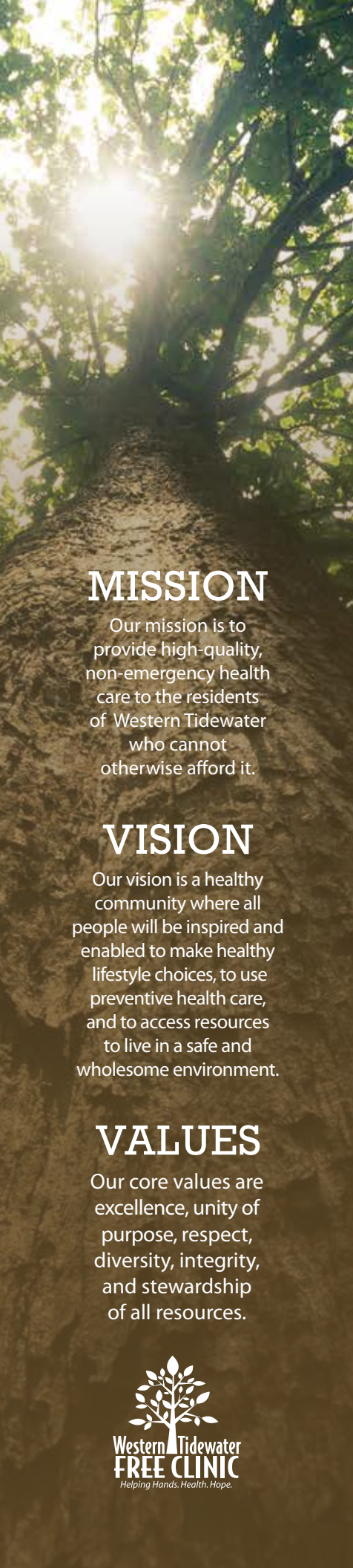


GROWING
for our
COMMUNITY



2023 STATE OF THE MISSION



From left to right: Vice Chair Wendell Waller, Board Chair Tim Palmer, Secretary Sherri Bradford and Treasurer Kristy DeJarnette

MISSION

Our mission is to provide high-quality, non-emergency health care to the residents of Western Tidewater who cannot otherwise afford it.

VISION

Our vision is a healthy community where all people will be inspired and enabled to make healthy lifestyle choices, to use preventive health care, and to access resources to live in a safe and wholesome environment.

VALUES

Our core values are excellence, unity of purpose, respect, diversity, integrity, and stewardship of all resources.



2023 BOARD OF DIRECTORS

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Phyllis Stoneburner, RN, BSN, MBA



Obici Healthcare Foundation has been the largest annual supporter of the Clinic, playing a crucial role as WTFC's primary partner since our establishment. Through their generous support, thousands of WTFC patients have access to a genuine health home.



Sentara Obici Hospital is the largest medical partner of WTFC, offering patient referrals and a variety of invaluable free services to our patients.

INTENTIONAL GROWTH

*Growth is never by mere **chance**; it is the result of forces working **together**.*

– James Cash Penney

In the plant world, growth occurs when cells grow and divide. In the world of Western Tidewater Free Clinic (WTFC), a free clinic that is the result of a grassroots community effort to care for our neighbors, growth occurs when people come together with a common goal.

Those who believed in the need for WTFC nourished the dream, watered the soil and planted the seed. Today, that seed has grown into a tree of life, with deep roots, a strong trunk and wide branches. Our tree has needed your continual care and intentional investment to provide critical care for those who need it most. When there is a need for more care, more growth is necessary.

Thanks to some very committed funders, WTFC was able to begin a journey to enlarge our footprint for the first time ever in response to an increasing demand for dental care in our area. Obici Healthcare Foundation was the largest funder of this construction expansion, with essential funding from Delta Dental of Virginia Foundation, Hampton Roads Community Foundation, City of Suffolk ARPA and Violet Greco Foundation making the project possible. We broke ground in April 2023 to add 1,000 square feet to our current building, spending the next eight months under construction while the dedicated WTFC team continued to serve patients day in and day out.

This project included renovation of various areas of the clinic for more patient privacy in eligibility, addition of a mental health counseling office, creation of a dedicated staff, volunteer and patient education and meeting space and essential enlargement of our pharmacy technicians' office. Our steadfast dental team worked in a mobile dental trailer with limited space and service availability, but they continued to provide crucial services to those in need.

Since the completion of the expansion project, from January to June 2024, we have celebrated wonderful blooms of beauty. We have cared for 652 dental patients in 1,522 visits, a 56% increase from the same period in 2023. We have increased the number of services provided by 84% from the year prior, and the value of services received by WTFC increased by 35%. In addition, visits have increased by 21% in mental health and 19% in eligibility. This growth is absolutely life-changing to those we serve.

Thanks to each of you for intentionally cultivating WTFC as a community gift. Our work together has allowed us to branch out, widening our ability to nurture our vision of a healthier community for all. We are grateful you have ensured our roots run deep, and our branches continue to grow.

With deep gratitude,



Timothy K. Palmer
Timothy K. Palmer
Board Chair



Ashley O. Greene
Ashley O. Greene
Executive Director

STEMS OF STRENGTH

Volunteers are the backbone of our Clinic's growth, serving as passionate advocates and champions for our mission. Like the stem of a plant, our volunteers help hold us up, allowing us to flourish and reach new heights. We are incredibly grateful for their tireless efforts and unwavering support. Thank you to all our amazing volunteers for being essential nutrients in our growth journey.

PHYSICIANS

Halee Alleman
Anthony DiStasio
Nathan Stahr

NURSES

Debra Alphin
Kris Bering
Barbara Davis
Melissa Douglas
Donna Doussard
Rachel Hart
Mary Helmer
Shannon Hendricks
Marquita King
Kelly Lafferty
Maddie Leyden
Gerald Maloy
Eunice Marbella
Alyssa Sadler
Heather Shepherd
Anna Stoiber
Savanna Triplett
Courtney Washington
Lily Zheng

MEDICAL STUDENTS

Rahile Caushaj
Sinan Duran
Robyn Gawlik
Clark Mantooth
Delannie Sharum

Anna Todd
Abigail Treptau

NURSE PRACTITIONER STUDENT

Farah Yuille

DENTISTS

Dani Howell
Ralph Howell

DENTAL ASSISTANTS

Jessica Blowe
Allie Franklin
Amanda Lopez
Fernanda Vasconcellos
Rossi

Summer Sampson
Shae Sebetzki
Herman Sileu

MENTAL HEALTH COUNSELORS

Mackenzie Black
Sarah Carlson
Haleigh Kelley
Oxana Radich
Jasmine Rudolph

Jake Spady
Hunter Staylor
Daria Willis
Lisa Woolston

PHARMACISTS

Dennis Alder
Sherri Bradford
Carol Kessler
Zoe Lantz

GENERAL

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Chelsie Brown
Michelle Brown
Faith Crawford
Ramesh Dahal
Sandy Edwards

Marlene Everett
Marie Haas
Jacob (Witt) Harper
Alexandra Hudson
Ann Jamison
Julie Johnson
Gloria Mizelle
Nathan Phillips
Milan Rhodes
Vivian Saunders
Susan Stone
Richard Vroman
Mary Lee Willis
Marcella Wittenauer
Martenia Wommack
Chaya Woods

Volunteers donated over **4,500** hours in 2023, which is equivalent of **~2.2** full-time employees.



WTFC Volunteer Chelsie Brown with Delta Sigma Theta Sorority Members Lula Holland and Beverly Grier-Smith who deliver lunch for our volunteers throughout the year.

SPECIALITY PROVIDERS

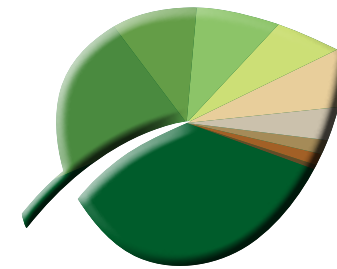
1Foot2Foot Centre for Foot and Ankle Care
Bayview Physicians Group – Dermatology
Bayview Physicians Group – Ear, Nose, and Throat
Bayview Physicians Group – Endocrine
Bayview Physicians Group – Pulmonary and Critical Care
Bayview Physicians Group – Rheumatology
Blakey Weaver Counseling Center
Bon Secours Maryview Medical Center
Bon Secours – Southampton Orthopaedics and Sports Medicine
BrightView
Chesapeake Bay ENT
EVMS Endocrine
EVMS ENT

Emergency Physicians of Tidewater
Focused Psychiatry
Gastrointestinal and Liver Specialists of Tidewater
Laboratory Corporation of America
Local Health Departments
MRI & CT Diagnostics
Nephrology Associates of Tidewater
Neurology Associates of Suffolk
Pariser Dermatology
Pathology Medical Science Group
Persons Orthopaedic Sports Medicine and Joint Replacement Center
Redesigning Mental Health
Sentara Ambulatory Surgery Center
Sentara BelleHarbour

Sentara Cardiology Specialists
Sentara Community Health Outreach Program
Sentara Infectious Disease Specialists
Sentara Medical Group Anesthesia Specialists
Sentara Neurology
Sentara Obici Hospital
Sentara Orthopedic and Sports Medicine
Sentara Outpatient Surgery
Sentara Podiatry Specialists
Sentara PT/OT
Sentara Psychiatry
Sentara Reference Labs
Sentara St. Lukes
Sentara Surgery Specialists
Sentara Vascular Specialists

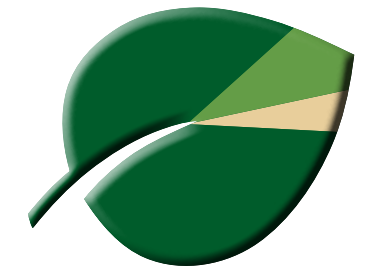
Southside Diabetes – Dana Stallings, DNP
Sports Medicine and Orthopaedic Center
Suffolk Eye Physicians & Surgeons
Suffolk Psychotherapy Inc.
TPMG ENT
TPMG Neurology
The Up Center
Urology of Virginia
Virginia Eye Consultants
Virginia Gastroenterology Institute
Virginia Neurology
Virginia Oncology Associates
Western Tidewater Community Services Board

2023 FINANCIALS



REVENUE 2023

- Foundations **38.3%**
- Restricted Capital Revenue **21%**
- Municipalities **11.7%**
- Medicaid Reimbursements **10.4%**
- Individuals, Businesses **6.1%**
- VAFCC **5.4%**
- Other Income **3.6%**
- United Way **1.7%**
- Civic Groups, Faith Based **1.4%**
- Patient Donations **0.5%**



EXPENSES 2023

- Clinical Services **87.9%**
- Management and General **8.3%**
- Fundraising **3.9%**

FISCAL YEAR 2023*

FISCAL YEAR 2022*

OPERATING REVENUE SOURCES

Foundations	\$1,326,257	38.3%	\$1,783,744	52.3%
Restricted Capital Revenue	\$728,044	21.0%	\$71,956	2.1%
Municipalities	\$406,845	11.7%	\$475,350	13.9%
Medicaid Reimbursements	\$358,615	10.4%	\$382,563	11.2%
Virginia Association of Free and Charitable Clinics (VAFCC)	\$186,137	5.4%	\$336,656	9.9%
Individuals	\$171,716	5.0%	\$162,647	4.8%
Other Income	\$125,021	3.6%	\$70,567	2.1%
United Way	\$57,615	1.7%	\$36,523	1.1%
Businesses	\$39,220	1.1%	\$45,705	1.3%
Civic Groups	\$31,720	0.9%	\$17,589	0.5%
Patient Donations	\$16,694	0.5%	\$16,510	0.5%
Faith Based	\$15,695	0.5%	\$10,690	0.3%
TOTAL	\$3,463,580	100%	\$3,410,500	100%

OPERATING PROGRAM EXPENSES

Clinical Services	\$2,178,325	87.9%	\$1,990,376	87.5%
Management and General	\$205,240	8.3%	\$193,571	8.5%
Fundraising	\$95,935	3.9%	\$91,504	4.0%
TOTAL	\$2,479,500	100%	\$2,275,451	100%
Change in Net Assets	\$983,622		\$1,135,049	

*Note: The amounts above do not include in-kind income and expenses. Western Tidewater Free Clinic defines fiscal year as January 1 through December 31.

GROWING TOGETHER



Western Tidewater Free Clinic (WTFC) received a generous \$10,000 contribution from the Suffolk 685 Elks Lodge. The donation was presented by Exalted Ruler Gene Leonard, Lecturing Knight Leah Powell, and Trustee Robert McDonnell to Ashley Greene, the Executive Director of WTFC. This amazing donation is set to enable the Clinic to offer comprehensive dental services to its patients.



Linda Lowers and Suzanne Langston of the Suffolk Pilot Club made a thoughtful visit to the Clinic, bringing with them a substantial and generous assortment of donations specifically earmarked for the benefit of our dental patients. The Pilot Club's act of kindness and generosity in providing this significant quantity of donations will undoubtedly make a meaningful impact on the dental care and well-being of our patients at the Clinic.



*Alone we can do so little;
together we can do so much."*

– Helen Keller



The Louis and Mary Haddad Foundation provided a grant to help support educational first-aid training to the WTFC staff and volunteers. This additional level of trauma training will help fully prepare our Clinic team if a patient emergency arises.



MONTHLY DONORS 2023

Hattie Boone
Archibald and Patricia Brock
Linwood and Martha Callis
Frances and William Carr
Courtney Henry
Lula Holland
Steven⁺ and Susan Kirkpatrick
Peter and Angie Lowry

Craig Miller
Larry and Nell Neal
Ira Steingold
Anna Stoiber
Westminster Reformed
Presbyterian Church
Wayne and Joanne Willis

⁺ Deceased

BRANCHING OUT

In 2020, Western Tidewater Free Clinic (WTFC) had a vision to expand our dental services to serve more patients in our community. Our leadership quickly took the vision and made a reality through a plan to increase capacity from two chairs to four...



However, halt in services was not an option. Thanks to Martin-Tyrell Washington District Health, and Obici Healthcare Foundation CEO R. Battle Betts, Jr. making an introduction, we were able to continue services in a mobile dental trailer that became our dental teams home for 8 months. This ensured continuity of care for our vulnerable population...



As our immediate past Board Chair Bob Hayes stated, "Our ultimate goal with this expansion is to serve more patients in need of our services and we thank all those who have supported these efforts!..." Dental care has been a great need in our service area and hopefully with this expansion, we will be able to address the need in our community. With this dream becoming reality, we expect to increase our service to more than 200 patients in the first year...



During the expansion, we also added a behavioral health room to address the increasing mental health need in our community. We are incredibly thankful to our dedicated donors who made this vision a reality. **Obici Healthcare Foundation, Delta Dental of Virginia Foundation, Hampton Roads Community Foundation, City of Suffolk ARPA, and Violet Greco Foundation.**



2023 A YEAR OF GROWTH



1,473
patients seen through
11,419 visits



710 dental patients
served through
1,832 visits



493 new patients
enrolled at the Clinic



10,560
30-day medications
given with a value
of **\$2.3** million



164 behavioral health
patients assisted through
1,165 visits

ROOTS OF SUPPORT

Like branches on a tree, we all grow in **different** directions, yet our roots remain as **one**.

– Suzy Kassem

PILLARS

\$500,000 +
Obici Healthcare
Foundation*

CORNERSTONES

\$499,999 – \$100,000
Birdsong Corporation*
Camp Family Foundations
Sentara
City of Suffolk
TowneBank*
Virginia Association of Free
and Charitable Clinics

VISIONARIES

\$99,999 – \$50,000
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Charities
Isle of Wight County
Special Fund #7 of
the Hampton Roads
Community Foundation
Virginia Health Care
Foundation

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\$49,999 – \$20,000
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Southampton County
United Way of South
Hampton Roads**
Violet Greco Foundation
Virginia Eye Foundation

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Atlantic Dental Care
Community Action
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Dominion Energy
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Suffolk Elks Lodge No. 685
Suffolk Foundation
Perk and G. Lee Taylor

CHAMPIONS

\$9,999 – \$5,000
1Foot 2Foot Centre for
Foot and Ankle Care
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Bodson
Archibald and Patricia
Brock^
Franklin-Southampton
Area United Way
Dr. and Mrs. + B.F. Jamison
The Millers Foundation
Pruden Foundation
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Elizabeth Turner

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Broadwater
Donna W. Carroll
Chuckatuck Ruritan Club
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No. 141, Inc.
Temple Beth El

Westminster Reformed
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Town of Windsor
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Christian Church
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Church
Holy Neck Christian
Church, Men's Fellowship
Hubbard Peanut Company
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Sharon L. Sheffield
Richard Shelton
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The Wawa Foundation
Wesley Chapel Methodist
Church
Wayne and Joanne Willis^
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Windsor Ruritan Club
Woman's Club of
Smithfield
Robert and Pam Woodruff
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Harold and Nancy Blythe
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W. Randolph Carter Jr.
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Susan and Steven+
Kirkpatrick^
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Savage
James Schloss
Janice Scott
Lynne and Thomas
Stockman
Robert and Phyllis
Stoneburner
Nancy and Joe Webb

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\$249 – \$100
Elaine and James Abicht
Dana and Jim Adams



From left to right: WTFC Director of Operations and Human Resources April Adkison, WTFC Clinical Services Manager Cathy Culbertson, RX Partnership Executive Director Amy Yarcich, WTFC Executive Director Ashley Greene and WTFC Outreach Manager Jessica Rockwell

Alpha Kappa Alpha
Sorority Inc.
Amazon Smile
Anonymous (8)
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Lynn Barlow
Taylor R. Barlow
Helen G. Barrett
Barbara and Michael Belkin
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Church Methodist Men
Benns United Methodist
Church United Methodist
Women
Benns United Methodist
Church, Pam Staggy Day
Circle
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Wendy Biando
Velma Bowens
Lisa Bradshaw
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Bambi and James Council
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PJ Deloatch
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Inc.–Suffolk Alumnae
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East Suffolk High School
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Elevance Health
Faith United Methodist
Church
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Judy and Wayne+ Gardner
Chris and Eileen Gilman
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Habel
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J. Christopher and Patricia
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Rob and Carrie Estes
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Steven and Joy Greer
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Blake Marton
Jessica Mullen
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Renee Rountree

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Shenetta Williams



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Iris Lundy, MHL, BSN, RN

Ms. Edith Matthews
Tyler Rogerson
Elizabeth B. Totten
Dr. Lindsey D. Vaughn
James and LaTarsha Waddy
Mark and Terrie Weinketz

(***) These individual donations are included in Peninsula Community Foundation of Virginia total giving.

Consider designating WTFC to receive some or all of your United Way workplace giving donation. Our Commonwealth of Virginia Campaign (CVC) # is 200900.

(**) Information compiled from United Way reporting. Individual workplace giving contributions included in United Way total giving.

HONORARIUM AND MEMORIAM TRIBUTES

Donors who give in honor or in memory of loved ones bring a special kind of support and meaning to our Clinic's growth. Their contributions not only honor the legacy of those they hold dear but also help us expand our reach and impact in the community. These donors shine a light of hope and compassion that help our mission grow and inspire others. We are deeply grateful for their support and the lasting impact it has on our Clinic's ability to thrive and make a difference.



From left to right: WTFC Board Member and Sentara Obici Vice President and CMO Dr. Michael Genco, WTFC Dental Coordinator Kristie Chester, WTFC Dental Assistant Missy Rapp, WTFC Dentist Dr. Fallon Berger, WTFC Executive Director Ashley Greene and Sentara Obici Hospital President Dave Masterson, MHA, FACHE

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Carolyn W. Savinsky
Mr. Durwood V. Scott
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Edsel and Jeri Shaffer
Darlene and Robert Shields
John and Karen Speirs
Mary, J.V. and Rhonda
Stanley

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Ms. Betty Bunch
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Michael Carlin
Mr. and Mrs. Scott Carr
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Shirley Crocker
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Jacquelin Edwards
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Savannah Triplett
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International
Mr. David C. Von Rump
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Bill and Sarah Willman
Windsor Christian Church
Circle #2
Joseph and Dorothy Winton
Woman's Club of Windsor
Women on Mission –
Central Hill Baptist Church

GIFTS-IN-KIND
AARP Suffolk #4030
Anonymous (10)
Nancy and James
Atkinson
Jennifer Bradshaw
Bridge The Gap
Sandra Cahoon
Mr. Vernon H. Carr, Jr.

Chesapeake Care Clinic
Christian Home Baptist
Church
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Chapter, NSDAR
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Delta Sigma Theta
Sorority, Inc.-Suffolk
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Mr. Vernon Gayle
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Gideons International
Greene Lawn Services
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Charles Harris
Holy Neck Christian
Church
Keurig Dr. Pepper
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Bethlehem Christian
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Drs. Venu and Prashanthi
Koduri

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Martin-Tyrell-Washington
District Health
Julie Minter
Pilot Club of Suffolk
Bettie Savage
Ms. Olivia Robinson
Stagger
J. Christopher and Patricia
Sweitzer
Leslie Teal
Chrissy Thornburg
VA District Pilot
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Kim Wagner
Gail Williams
Mrs. Mary Lee W. Willis

* Multi-year pledge
+ Deceased
^ Monthly

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Lynn Barlow
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* Honoree's name is in bold

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PATIENTS SERVED BY LOCALITY



PATIENT PROFILE

- 39%** ----- are working full or part-time, many with more than one job
- 60%** ----- are women
- 74%** ----- are age 40+
- 81%** ----- live at or below 150% of the Federal Poverty Level = annual income of \$45,000 for a family of four
- 72%** ----- live at or below 100% of the Federal Poverty Level = annual income of \$30,000 for a family of four
- 90%** ----- have multiple chronic illnesses, such as hypertension, heart disease, and diabetes

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Current WTFC Staff



- | | | | |
|--|--|---|---|
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HELP WTFC GROW

GIFTS IN-KIND

WTFC accepts gifts in-kind such as office and kitchen supplies, and snacks for our volunteers. Questions about in-kind donations? Contact Kim Oyer at koyer@wtfreeclinic.org or 757-923-1060, ext. 7002.

LEGACY GIVING

Please consider this timeless and thoughtful way to support and sustain WTFC. For more information on how you can support WTFC through bequests, trusts, or other legacy gifts, contact Jessica York at jjork@wtfreeclinic.org or 757-923-1060, ext. 7025.

MATCHING GIFTS

Many companies have matching gift programs that help you stretch your donation and make giving easy. Check with your employer to see if this opportunity is available to you.



SCAN ME

NAP CREDITS

The Virginia Neighborhood Assistance Program (NAP) provides tax incentives to encourage individuals to participate with non-profit organizations. At WTFC, we give these NAP credits to qualified licensed medical and dental volunteers.

SPEAKERS BUREAU

Are you a member of a civic group, church, or club that might host speakers from time to time? For speaker information or to schedule a tour, contact Jessica Rockwell at jrockwell@wtfreeclinic.org or 757-923-1060, ext. 7012.

ADDITIONAL COMMUNITY PARTNERS



THANK YOU FOR YOUR DONATION



Christian Home Baptist Church (CHBC) helped boost the Clinic's growth by helping us direct more of our expenses towards direct patient care with this wonderful in-kind donation! From left to right: CHBC Members Angie and Rufus Turner, WTFC Board Vice-Chair and Pastor Wendell Waller and WTFC Executive Director Ashley Greene.

CREDITS

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The Clinic maintains a 501(c)3 non-profit status and gifts are tax deductible to the full extent of the law.

The Western Tidewater Free Clinic (WTFC) 2023 State of the Mission is intended to provide an overview of the time, talent, and treasure utilized in providing a health home to eligible uninsured, underinsured, and underserved residents of Western Tidewater. To that end, the contents of this report have been extracted from personal interviews, existing content, or database information. This information may not be error-free. To provide any updates or corrections to this report, please notify WTFC Director of Development at 757-923-1060, extension 7025.